PRR – minutes of 176th committee meeting

Date: 6th August 2019

Present: Kate Aspinall, Stephen Leonard, David Oliver, Jill Rose, Steve Rose, Linda Worsfold, Sarah Cross and Rachael

Rees.

Apologies: None

	Minutes	Action
1.	Committee welcomed Sarah Cross to her first committee meeting	
2.	Minutes from the last meeting Following actions carried forward from previous committee meeting:	
	The minutes of the previous meeting were approved.	
2.1	LW to update signatories on the bank mandate and agreed changes.	LW
2.2	Website subscription has not yet been collected. SR to check	SR
2.3	Marshalling Park Run in August discussed previously. KA to contact Park Run organiser	KA
2.4	Recruitment of new committee members. Agreed that individual members would be approached by committee members. Ongoing.	ALL
3	Finance	
3.1	Finance summary as at 5 th August was discussed	
	Senior section is showing a £308 net surplus year to date with projected full year deficit of £630.	
	Juniors section has a balance of £2600.11 to be carried forward. It was discussed and agreed that a proposal will be made at next AGM to ingratiate these funds into the club. RR to ensure this is added to AGM agenda.	RR
3.2	Current membership is 71 paid members and 4 life members. This now exceeds the budget which assumed 70 paid members. Membership fees and new members discussed. It was highlighted by SR that those that are not paid members are not insured if they run with the club. It was decided that this could be	
	better communicated with club attendees. SL to add to notices. Membership fees and new members were discussed. - A trial year was proposed where new members pay subs of £38 for the year (equivalent to £20 subs + £18 club vest). - New member presented with a club vest when probation is complete - Those members then pay reduced subs of £20/yr for subsequent years - Add vest size to bottom of membership application form	SL
4.	Club Matters	
4.1	Club Kit	

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	Recent order of club kit delivered, all accounted for.	
	SL to look into cost of club vests for summer. Also to ask about sample vests so we can trial sizes before ordering. It was requested that SL also ask if there is an option to purchase both mens and ladies fit.	SL
4.2	Club Events	
	Date decided for next coffee run: Saturday 21st September, The Mess Room.	
4.3	Christmas Party	
	The committee discussed advantages / disadvantages of venue options; Staddon Heights v Boringdon.	
	Committee decided to try Staddon Heights Advantages: Closer, opportunity to sit away from the noise which may encourage members to stay longer, cheaper ticket prices may encourage more members to attend. Date: 30 th November Option of 2 or 3 courses	
	JR to confirm with Staddon Heights and ascertain their deposit requirements	JR
	Entertainment discusses with the following possibilities:	
	- Possibility of a comedian – SL to ask his friend	SL
	- RR to ask The Faux Furs for their availability / costs	RR
	- Use juniors money to fund a disco	
4.4	Couch to 5K (C25K) Programme	
	Agreed a start date of Jan 9 th	
	DO to get a C25K plan	DO
	Which night to conduct C25K was discussed. Committee agreed on Thursday club nights (encourage integration of runners into club, opportunity to promote other club activities to runners)	
	DO to lead the C25K programme with agreed support by committee members. It was suggested that we have a rota for who will run with the programme on a Thursday night – RR to produce a rota	RR
	Communication of C25K Programme: Advertise in Dec on Facebook, website. Advertise in school newsletters: Oreston – SL	
	Goosewell – IO Dunstone – SC Wembury – RB Elburton – Laura Wills	
	Libarton – Laura Wills	1

	SL to find out dates for Dave Dane to go to schools to talk about Cross Country – he could promote this programme then too?	SL
	The following format was discussed: 10 wk course - £1 a run then pay full membership in time for new club year	
	PRR members to go/marshal to race and congratulate runners – Park Run (around 21 st March). KA to find out about marshalling.	КА
4.5	Encouragement of club members to participate in local / Armada events	
	It was stated that we also promote Armada events in the notices each week.	
	It was suggested that we have a list of Armada events on the table on club nights for members to see which races are upcoming.	SR
4.6	Committee members at Armada Athletics Network Meetings	
	It was highlighted that these meetings are an opportunity to network with other club officials.	
	It was suggested that we double our attendance so that those members who haven't previously attended can go with someone who is familiar with the format. RR to email out a rota for this.	RR
	Report content to be submitted to Armada Network Meetings: Our thanks for network support Membership numbers Activities	
	Muddy duck number of racers	
	Information which makes other clubs aware of what we are doing RR to produce report and email to Network prior to meeting.	RR
	Committee agreed that everyone on committee should go to another meeting over next 12 months. Committee will then discuss our attendance at these meetings.	
5	Muddy Duck	
5.1	General Update	
	SR fed back to the committee that the event well received. Positive feedback from runners 1 comment that timing was wrong – sorted by SR on the day Timing system worked well	
5.2	Muddy Duck 2020 – 30 th club race	
	LOCATION Propose for next year: Not to use school Use Oreston field without using the schools facilities Hire the toilets again – do Forum have a supplier? Ask at next forum meeting.	

	Get forum generator	
	All bring water or approach forum for water containers	
	Borrow tables from church hall	
	DISTANCE / ROUTE	
	Distance: Keep to 10K	
	Route change: Proposed change to route by SR would reduce number	
	of marshals required by approx. 10	
	COST	
	Cost: Keep £5 / increased price for memento top	
	Option to pay extra for a vest at the end of the run was discussed –	
	this option could be added to the bottom of the entry form (if	
	entered by a certain date to allow time for ordering) SL to confirm cut	SL
	off date required for kit ordering - vests	
	TIMINGS	
	Timings for age category would require a presentation and timings on	
	the day	C.D.
	SR to ask what costs for timings system	SR
	Special memento for 30 th race: Discussed possibility of memento	
	medals	
	FUN BUN	
	FUN RUN	
	Kids to go through water in fun run	
	OTHER	
	How to use the income from Muddy Duck was discussed. SR	
	suggested a box for the defibrillator so that it could be relocated	
	outside on the wall as a resource for whole community	CD
	SR to get prices for a box and speak to church	SR
	Advertise on part years flyor that DDD race subsidized defibrillator	
	Advertise on next years flyer that PRR race subsidised defibrillator	
	It was suggested that SR conduct a defibrillator demonstration to club	SR
	members before running on a club 'out&back' night	3h
	members before running on a club outaback hight	
6.	Any other business	
	LETS DO THIS EMAIL	RR
	RR discussed an email from 'Lets Do This' suggesting we put a widget	
	on our website that can be used to link users to local events page. RR	
	to forward email to committee members.	
	HONOURING CLUB MEMBERS	
	RR suggested that we honour those club members that go the extra	
	mile for the club (non-committee members). This was discussed and	
	decided that we can use the Golder Trainer as an award as and when	ALL
	we feel members should be rewarded.	
	Committee members not eligible for this.	
	Committee members to email when they feel this should be awarded.	
	CONTACTING ABSENT MEMBERS	
	It was highlighted that we do not contact club members who haven't	
	shown up for extended periods of time.	LW
	Following plan agreed:	
	- LW to produce a list of people who haven't turned up at club for 3	LW

	months - LW to email committee members in case these members are running on other nights. Committee members to reply if they are aware of absent members whereabouts - RR to email/message those members highlighted above that no-one has seen for more than 3 months.	ALL RR
7.	Date of next meeting PLEASE NOTE THE CHANGE SINCE THE MEETING	
	Tuesday 8th October has now been suggested by Kate who cannot make the 15 th as discussed in the meeting.	