



**ARMADA ATHLETICS NETWORK**  
**MINUTES OF MEETING HELD ON**  
**10<sup>th</sup> December 2018**



**Present:** Paul Ross (EVH & Chairman); Keith Reed (EVH & Secretary); John Smith (Treasurer and Tamar Trotters); Jason Hulcoop (Moorhaven); Richard Warne (Plymouth Harriers); Martin Head (BATS); Bryan King (Plymouth Musketeers); Martin Exley-Deane (Tavistock AC); Fred Jenkins (IS); Kevin Martin and Andy Easton (Storm); Steve Leonard (PRR)

**Apologies:** Leigh Robinson (Plymouth Harriers); Ed Horn (LRR); Dave Hatch (Moorhaven); Graham Edmonds (COPAC)

**Minutes of Previous meeting:** Agreed as true record. Paul welcomed Andy Easton to the meeting.

### **Club reports**

**Tamar Trotters** Club had runners in the Lopwell Loop, Bex Ezra retained her title at Rollercoaster. The Couch to 5K programme has extended to 5K to 10K with six runners participating. Juniors going well and there were quite a few in recent Westward league. The club took part in Falmouth Mob Match and four runners went to Malaga. Club making donation to Livewire charity.

**Plymouth Musketeers** All going well with membership up at 200 and a strong committee. Couch to 5k programmes will resume in the New Year. Club runners formed 15-20% of local races in October with 723 races run. Enjoyed Lopwell Loop. Muskies Madness will be 31<sup>st</sup> August next year.

**BATS** The club enjoyed the Lopwell Loop and the beer. Ladies were 2<sup>nd</sup> team. Runners in other local races. Bere Pen 10k will be on 25<sup>th</sup> May.

**Plymstock Road Runners** Club going well. Graham Bale has been in good form recently. 2019 club awards are coming up. Some uncertainty over the junior section due to Dave Dane standing down. Club introduced Coffee runs on Saturday's in club kit. New secretary Rachel Beale.

**Instinctive Sport.** Club runners in a variety of races including Lopwell Loop, Burrator Noir, Bicton Blister etc. Club runners take part in the Light up a Life run on 18<sup>th</sup> Dec for St Luke's Hospice. Other runners are welcome.

**Moorhaven RC** All going well. Three marshals' available for 3K.

**Plymouth Harriers** Lutie Akinci and Ami Yetton both ran very well at the Devon Champs XC last weekend in Exeter - 5th and 9th respectively and Bronze for Ami in the V35. Only the 18 Harriers made the trip for the race, so a bit down on numbers from Plymouth and Newquay. We have introduced a monthly (if possible) guest speaker on club nights after our run. So far we have had Adam Holland, Colin Kirk-Porter and Ken Holder GB Triathlete and current Long Course European Champion. All three have been very different and highly interesting - i would definitely recommend all of them. Our winter C25K programme has now finished and we will look to run a new one in the early New Year. I have been assured by Richard and Andy Marshall our Devon AA affiliation is up-to-date!! Survey has been carried out on possible changes to Autumn Trail format. Club has introduced time trail over 3K/5K across the Embankment on a monthly basis.

**Tavistock AC.** The club enjoyed the Lopwell Loop and the ladies took first team. Good turnout at last 3K Record turnout at Westward league of 49 runners. Some good results with several medals. Nicolas Maczugowski won three gold medals in the SW Indoor Champs at Cardiff. Adam Holland organised a Wedding run weekend to celebrate his wedding which was open to runners. He has also been doing well in local races. The next 5K run is this coming Saturday.

**Launceston Road Runners.** No report

**EVH.** The club two new recruits to the committee following AGM. Another good Sportshall fixture in Dawlish has left the team season in second place but only a few points behind leaders Plymouth. Good turnout of seniors at Westward league although the juniors still a bit lower than hoped. Several age groups medals won in Devon Champs. Adam

Dingley won bronze medals at SW Indoors in the 200m Christmas meal this weekend.

**STORM** The Lopwell Loop went really well with 200 finishers. Thanks to all the clubs for their support. Lots of good feedback. Parking system worked well. Club have allowed marshals to do the run and have also allowed other runners in the club to run it virtually for a medal and beer. Team awards were passed out. The Storm GP has now finished.

**COPAC**. Graham was not there but the club is going well with a great start in the Sportshall league and some good performances in the Devon XC Champs. Poppy Tank made her GB debut in the European XC and did very well

**Coaching Co-ordinator Report** There are some weeks that we have no coach on a Saturday. If any club coaches can help it would be really helpful.

### **Track Facilities: Plymouth**

Two meetings were held with relevant people from the club, PCC, EA, Everyone Active (SLM), Armada and Plymouth Raiders. They have addressed two main items which is the site development and the track condition. Things are very positive on the Indoor arena with funding virtually agreed. It just needs approval by PCC. The track will remain in its current position but a survey has shown that it is in urgent need of repair. This will have to be approved by PCC. A working party is being set up. A meeting was held today to agree a joint development plan for athletics involving Everyone Active, COPAC and Armada.

**Tavistock** Survey has now been done and issued identified. A meeting has been held with the college and further ones planned in January.

**Clocks** Both clocks in the store

### **Coaching and Officials Courses**

Coaching Assistant – Tavistock 26<sup>th</sup>/27<sup>th</sup> January  
LIRF – Bodmin 19 Jan  
CIRF – Exeter 9<sup>th</sup>/10<sup>th</sup> Feb 2019  
Coaching assistant – Taunton 9<sup>th</sup>/10<sup>th</sup> March  
Athletics Coach – Tavistock 16<sup>th</sup>/17<sup>th</sup> March 2019

**Finances** Finances are healthy with all bills paid up. Agreed to purchase new chip credits

**3K Series** Next 3K race in the winter race series this week. Help need please. Festive wear please.

**Chip Timing System** Need to sort bookings and personnel for 2019 races.

**Grand Prix 2018/19** Final series presentation being held after 3K. It was confirmed that we will return to a results based grand prix in 2019 with age category prizes (possible T-shirts). This will be confirmed at December meeting.

**Cross Country** Thanks to all the clubs who supported the latest Westward league at Exeter. Next one at Westward Ho! on 13<sup>th</sup> January

### **AOB**

- Paul advertised the Boxing Day run at Burrator (11am). As always, it is not a race. Just bring a present for the sack. Please park responsibly and car share if possible.
- Paul has finally resolved the issues with Devon Highways re duties of TMO. New contact for Devon highways is Gill Farquharson <mailto:highwaymanagementlicencesapplications-mailbox@devon.gov.uk>

#### **Gill Farquharson**

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Highways & Traffic Management  
Devon County Council  
Taw View – 1<sup>st</sup> Floor  
North Walk  
Barnstaple  
Devon EX31 1EE  
Tel: 03451 551004

Paul asked clubs to inform him of the dates of their events for 2019 to enable a list to be made up and circulated  
Happy Christmas to all

**Date of next meeting – Monday 14<sup>th</sup> January 2019 – Windsor House 6.30pm.GF3**