



ARMADA ATHLETICS NETWORK
MINUTES OF MEETING HELD ON
11th March 2019



Present: Paul Ross (EVH & Chairman); Keith Reed (EVH & Secretary); John Smith (Treasurer and Tamar Trotters); Jason Hulcoop and C Hulcoop (Moorhaven); Richard Warne and Leigh Robinson (Plymouth Harriers); Martin Head (BATS); Daz Williams (Plymouth Musketeers); Martin Exley-Deane (Tavistock AC); Fred Jenkins (IS); Kevin Martin and Jack Arundel (Storm)

Apologies; Ed Horn (LRR); Dave Hatch (Moorhaven); Graham Edmonds (COPAC); Steve Leonard (PRR):

Minutes of Previous meeting: Accepted as a true record

Club reports

Tamar Trotters Club had large entry at Bodmin Half and Looe 10. Race build around the weekend in Looe Bex Ezra 2nd lady at Bideford. Couch to 5K finishes this week. Most will become members. The club took minibus to Grizzly. Claire Davidson won her age category in Westward league. At recent AGM the committee was largely re-elected plus four new recruits. Club has given out training tops sponsored by local company. Mag 7 entries now online.

Plymouth Musketeers Lots of runners at the last 3K, Bodmin Half and Looe 10. Also runners in Grizzly and Cousin Jack races. Muskie Madness now confirmed as 31st August at 5pm. Will be chip timed. Couch to 5k programmes ongoing. This weeks Armada 3K is part of GP series.

BATS Lots of club members at local events including Grizzly and Bideford Half. Membership renewals coming in. Some members have dropped away due to loss of interest, this is being tackled. Plans are well in hand for Bere Pen 10K

Plymstock Road Runners No report.

Instinctive Sport. It has been a fairly quiet time recently. Runners at Grizzly and Bideford. A walk in memory of Beryl Penney has been arranged for 30th April at 7pm. All who knew her are welcome.

Moorhaven RC Dave Hatch sent his apologies. Club going well

Plymouth Harriers Two runners in Grizzly. Good Westward league season. Ami Yetton was first female in Duchy 20. Autumn Trail - We now have a confirmed date of the 21st September. There is a name, but it's still a secret at the moment). There will be two races, a 10K age 16 upwards and 3K age 4 upwards. More info to follow. Membership currently 203.

Tavistock AC. Good season in the Westward League XC with seven category trophies and two team awards. Seven athletes represented their counties in Inter Counties XC at Loughborough. Runners at Bideford, Duchy 20, First Chance 10K and Chester 10K. The clubs runner who was disqualified from the ARC of Attrition has been suspended for 3 races by the club. for short cutting. Tavi 13 entries on March 24th has just 80 places left. The next 5K run is this coming Saturday. The Tavi 7 will include the Ross Shield this year. Martin will supply details of Eco cup supplier

Launceston Road Runners No report

STORM Beginners groups going well including the Absolute Beginners course put on by Neil and Caroline Williams. AGM was held. Kevin has become the new chair and Jack Arundel is the Vice Chair. Membership renewals coming in. Lopwell loop date to be confirmed. Club will be supporting a Charity race once again.

COPAC. Club going well. Dave King did well in the European Indoor Champs in Glasgow over 60m hurdles. Also good performances by the juniors in the Westward league and Regional Sportshall.

EVH The club had a really good season in the Westward league winning seven age category awards and also 3rd Vet ladies team. The club were also awarded the team of the year. Joe Battershill followed up his 1.12 half marathon in Barcelona with a 64th place in the National XC. Two representatives in the (Inter Counties- Cleo Perry was first Devon runner in the SW race. Good turnout in the Grizzly with Ben Trigg 16th overall. Entries for Ivybridge 10K now at 700. Presentation evening in April at Watermark. Juniors did well in the Regional Sportshall where 23 took part.

Coaching Co-ordinator Report Neil has issued the latest schedule. There are still some weeks that we have no coach on a Saturday. If any club coaches can help it would be really helpful. Sessions have been better recently in terms of numbers.

Track Facilities. Plymouth The next meeting of the working group is on April 4th. It is hope by then that a decision will be made on the work. If it is approved then the track will be unavailable in August. A recent letter from England Athletics to all clubs mentioned the plans at Plymouth. The Raiders plans are still up in the air so the plan to build the clubhouse next to the track is back on the agenda. Armada have agreed to support the additional back straight 110m starts

Tavistock A meeting was held with the college, which was productive. A lease will not be possible but a license agreement is being looked in to. It is hoped that Section 106 money can be used for work on the track. Meetings to be held with W Devon & S Hams councils. The Hammer cage should be sorted by Easter.

Clocks Both clocks in the store

Coaching and Officials Courses

LIRF – Exeter on 13th April and 2nd June plus one at Carn Brea on 19th May
Athletics Coach – Tavistock 16th/17th March 2019
Time to Listen Workshop – Brickfields Sports Centre, Plymouth 25th March
<https://www.ulearnathletics.com/cpdEvent/88423>

Finances Finances are healthy. Exeter City have paid for Chip timing.

3K Series Next one this week. Help needed as always. Saltram have agreed the 5K races starting in April.

Chip Timing System System will be used at Tavistock and Ivybridge. Daz Williams has now volunteered and will be trained. KR to contact Age UK about 16yj June. Exeter City require us on 19th May (Exeter Marathon)

Grand Prix 2018/19 Final rules confirmed for 2019 and on website
Martin Exley to send pictures of awards for website and Facebook.

Cross Country Thanks to all the clubs who supported Westward league this season. Questionnaire will be sent out in April.

AOB None

Date of next meeting – Monday 8th April 2019 – Windsor House 6.30pm.