



ARMADA ATHLETICS NETWORK  
MINUTES OF MEETING HELD ON  
11<sup>th</sup> November 2019



**Present:** Paul Ross (EVH & Chairman); Keith Reed (EVH & Secretary); John Smith (Treasurer and Tamar Trotters); Dave Hatch and Jason Hulcoop, (Moorhaven), Paul Crutchley (COPAC); Martin Head (BATS); Sharon Dunridge (Plymouth Musketeers); Martin Exley-Deane (Tavistock); Fred Jenkins (IS); Richard Warne (Plymouth Harriers); Kate Aspinall and Steve Rose (Plymstock RR); Jon Roberts (Launceston RR); Jack Arundel (Storm)

**Apologies:** Leigh Robinson (Plymouth Harriers); James Armstrong (Tavistock AC)

**Minutes of Previous meeting:** Accepted as a true record. Paul thanked COPAC for allowing us to use the clubhouse at the Brickfields. We hope to be able to use the community hub at Central Park for future meetings

**Club reports**

**Tamar Trotters** Runners at Cornish Marathon and Tavi 7 which was enjoyed by all and also Templar 10, Marazion Remembrance run and Athens Marathon . Junior Sportshall competition involving six clubs. The older juniors will be at next 3K. Away day runs started.

**Plymouth Musketeers** Lots of club members at local events as usual. 3 new LIRF's on course this coming weekend.

**BATS** The club have had runners at various races including Cornish Marathon, Bideford 10 and Exmouth Coastal run. Club members enjoyed Tavi 7.

**Plymstock Road Runners** Club has new chair (Kate Aspinall). Runners at more races including Cardiff, Tavi 7 and Bideford. Carla Haines won the Dark Halloween and Haldon Night Trail race. 29 runners will be at the Oh my Obelisk.

**Instinctive Sport.** Members at various races including Templar 10. New club members recruited. Club are involved again in the Light up a Life event for St Luke's.

**Moorhaven RC** The club helped at the Cornish marathon. The race had to be rerouted due to flooding.

**Plymouth Harriers** Membership is on the up again – Now 188 members. The new venue is increasing interest in the club. Ami Yetton has been selected to race for Devon in the upcoming SW 10k champs in Gloucester. We have two runners attending the LIRF course on Sunday at the YMCA in Plymouth. C25K course going well, we are bringing them to the 3K Wednesday night for week 6 of their course. Plenty of racing being done across the County as well as nationally with great results and plenty of Age Cat top 3s for the Club. Big thank you to Tavy AC for another superb Tavy7

**Tavistock AC.** Tavi 7 went really well and it also hosted the Ross Shield. There were more female runners than male in the race and 65% were attached to a club. Another great turnout at Westward league and the club's athletes won medals in the Cornwall Champs. There have also been lots at other local races including Bideford and Templar 10. Adam Holland continues to have his usual success in races.

**Launceston Road Runners** Current club membership is 163 which meant two London Marathon places. Good turnout at Tavi 7 and other local races.

**STORM** Club membership at 300. Lopwell Loop this weekend. Entries are still available on the day at £20. There will also be junior races. Runners all over including Westward League Cross Country.

**COPAC.** Athletes have competed in Westward League Cross Country at Newquay 10/11/19. Many of our junior athletes competed in the Plymouth and West Devon Schools Cross Country 09/11/19 with some impressive results. Now await for Devon selections. Next Sportshall at Dawlish 17/11/19. Hopefully more athletes will turn out. At Cardiff Welsh Combined Events Poppy Northcott came second overall. COPAC AGM at Duke of Cornwall Friday 15/11/19 from 7pm Track and Field development - constructive and positive meeting with Councillor Smith,

PCC and EA. Business case likely to go for approval Jan 20 after the general election. Indications are it would be favourably passed, only time will tell!

**EVH** Club AGM coming up this week and there are vacancies for Chair and Treasurer. Also need new members of the committee. Bideford 10 saw three age group club records. Good start to Sportshall league. Good results at Westward League but turnout was a bit lower than hoped. Two coaches on LIRF this weekend linked In with S Brent satellite group

**Coaching Co-ordinator Report** No new update from Neil. Sessions have been well attended despite recent bad weather.

**Track Facilities.** Plymouth – covered in COPAC report  
Tavistock – Club have reached preliminary agreement with Tavistock College on a licensing to operate track outside school hours from September 2020. A pre agreement will be in place from April.

**Clocks** Older clock in the store. The new one to be used by Storm. Stand has been located. Pete Ferlie using the old clock at Santa Run on Dec 1<sup>st</sup>.

#### **Coaching and Officials Courses**

LIRF Plymouth YMCA – 17<sup>th</sup> November, 19<sup>th</sup> January – Bodmin, 23<sup>rd</sup> Feb – Crediton,  
Coaching assistant – 25<sup>th</sup>/26<sup>th</sup> January  
CIRF 1st/2<sup>nd</sup> Feb -Bodmin  
Also various Development workshops locally

**Finances** Healthy balance. CIC certificate received.

**3K Series** The first 3K of the winter was not that well supported possibly due to the weather. The new Hub building is still not yet ready, so we will go with the Life Centre this week. We should be able to use it as Race HQ next month and also for the Grand Prix presentation. The course has been re-measured and we can be used in December.

**Chip Timing System** Used successfully at Tavi 7. We will need to order more Credits after that race. Need to confirm bookings for 2020.

**Grand Prix 2019/20** Latest point's standings are on website. Two events to go. KR has received a good responses to request for information on memento. Agreed category winners would get orange T-shirt plus a yellow one or block. T-shirts will have races on the back. Mementos to be ordered plus overall club trophies.

#### **AOB**

- A reminder that the network have a new Social Media editor who is Ruth Terry. Details to be shared.

**Date of next meeting – Monday 9th December – Venue TBC 6.30pm.**