



ARMADA ATHLETICS NETWORK
MINUTES OF MEETING HELD ON
12th February 2018



Present: Paul Ross (EVH & Chairman; Richard Warne and Penny Hadfield-Bennett (Plymouth Harriers); Martin Head (BATS); Graham Edmonds (COPAC); Fred Jenkins (IS); Martin Exley-Deane (Tavistock AC); Sharon Adams (Plymouth Musketeers); Caroline Easton (Storm); Rob Clark (Tamar Trotters)

Apologies: John Smith (Treasurer and Tamar Trotters); Steve Leonard (PRR); Keith Reed (EVH & Secretary); Dave Hatch (Moorhaven);

Minutes of Previous meeting: Agreed as true record.

Club reports

Tamar Trotters AGM held and the club now have a full committee. John Smith – now Chair. Membership renewals in hand. Sportshall – 6 junior members representing Cornwall.

Plymouth Musketeers The clubs athletes have continued to race all over the area and beyond. 65 runners at Looe 10. Membership renewals now happening.

BATS (by email from Martin Head) BATs had their AGM last week, and I'm in the chair and will be attending the Network meetings for another year. Still looking for a new treasurer. Membership renewals in hand. Runners at Bideford and Fingle Bridge. Bere Pen 10K now live and taking entries.

Plymstock Road Runners Club AGM held. New Club Sec – Rachael Beale. Club committee stays as it was. Steve Leonard gave notice that he was standing down as Chair at next years AGM. Planning events to celebrate Plymstock RR 30th Anniversary. Schools XC events have been affected by recent bad weather.

Instinctive Sport. Fred has stepped down as Secretary, he will continue to represent IS at Network Meetings. New Sec is Brenda Thorne. Membership renewals in hand. Club represented at Looe 10, Exeter Half and Hambledown Hammer.

Moorhaven RC The club members continue to support the schools XC and other clubs

Plymouth Harriers Planning 6 Moor Miles. Club are being charged to use Maristow Estate and Dartmoor National Park for Six Moor miles. First Aid support to sort. Penny Hadfield – Bennett and David Beckenkraker are standing down from Committee. Club were awarded “Club of the Year” at the Westward League presentations.

Tavistock AC. Westward League Cross Country 7 x individual medals and 4 team medals. 12 at National Inter counties at Loughborough. Juniors at Regional Sportshall Championships. Adam Holland won Cyprus Marathon. 5kool Run going well. Club has 300 members. Martin attended EA RR Show at Exeter. Chris Jones (EA Chief Exec) and Richard Ayling (EA SW Region) attended. Richard also visited Tavistock AC and has produced a report. Busy weekend for club – Saturday 17/03 – Sport Relief Run Tavy 5K: Sunday 18/03 -Tavy 13 over 400 entries.

EVH. Ivybridge 10K filling with over 500 entries to date. Will fill well before closing date. Erme Valley Relays about to go live. Club couch to 5K group going well. Club doing well in Sportshall, currently leading with one event to go. Have Coach going to Taunton for Marathon and Half Marathon.

COPAC. Emily Bee National U17 Pentathlon Champion with Sammie Harris 4th. David king made Semi Final at the World Indoor Championships and selected for Commonwealth Games. James Arnott also selected for the Commonwealth Games. Poppy Tank is currently ranked 11th in the US. Future of Brickfields Plan has been produced. University also looking at a plan for Brickfields and being assisted by CoPAC. Club House has now been fenced off. Track unlikely to last until 2019. First Open Track Meeting will be held 1st April.

STORM Club had 190 runners at Exeter 10K and 88 at Weston Super Mare Half Marathon and have 22 going to Tavy 13. Membership renewals due in April. Constitution being revisited for two year terms of office. New race is on 18th November 2018. Course planned and permissions obtained. Limit will be 200.

Coaching Co-ordinator Report Looking for support at Brickfields for coaching and helping. Would be good to see more getting involved and developing their knowledge.

Autumn Trail Run. Now live. Entry Forms now available and to be circulated. Sharon sorting medals. Will need

someone else to do entries and results as KR is away. Chips to be used. Plymouth Harriers to manage Fun Run. EVH – Registration on the day and finish. Marshals – Helen Roper to be approached to take lead. Water Stations x 2 – Plymouth Musketeers. Numerous Marshalls required.

Track Facilities. No news on the Trackmark inspection at Brickfields. Still issues with security.

Clocks Both are now back in the store.

Composite Team Composite club registration renewed for 2018. Fixtures have been circulated. More details to follow.

Coaching and Officials Courses

Officials H&S 18/03 – Taunton

Officials Level 1 Field plus Level 1 Track 18/03 – Taunton

Road Traffic Management – 24/03 – Exeter

Lirf – 21/04 – Exeter

Lirf – 29/04 – Redruth

Lirf – 20/05 – Plymouth

Lirf – 03/06 – Exeter

Coaching Assistant – 23 & 24/06 – Tavistock

Lirf – 08/06 – Plymouth

From Lirf to Cirf – 24/03 – Taunton

Regional Coach and Athlete Workshop – 25/03 - Endurance (Taunton)

Youth Endurance – Coaching endurance for young athletes – 15/04 – Penzance

For further info on above contact Keith Reed or Neil Williams or Paul Ross.

Finances CIC renewal I/H. Balance is healthy. Exeter Half to be invoiced for chip timing. Club subs due in April.

Winter 3K Series. The last 3K of the winter is on this Wednesday. We are again using a different part of the Life Centre (near climbing wall) for registration. Meeting held with Saltram over 5K. Cost will be a maximum of £880 for the series. Further clarification required from Saltram Park on pricing and car parking.

Chip Timing System System used successfully at the Exeter Half on 10th/11th February. Next one will be the Granite Way on 25th March. We still will more need volunteers to run the system at these events, Chips have been purchased.

Will be used at Tavy 13 so training opportunity exists.

Grand Prix 2018. Agreed to maintain value of prizes at current level (circa £12 per trophy). This should encourage participation in at least 7 races. Overall club trophy to be maintained. Agreed to add note about points for helpers at Autumn Trail. Agreed the financial contribution to be the same as 2017. Martin suggested we agree on a standard system of age cats. Agreed 5 year groups from 40 – 65 for men and 35 – 60 for women.

AOB - Obtain prices for new unit – I/H with PR

Date of next meeting/AGM – Monday 9th April 2018 – Windsor House 6.30pm.GF3