

ARMADA ATHLETICS NETWORK MINUTES OF MEETING HELD ON 12<sup>th</sup> November 2018



**Present:** Paul Ross (EVH & Chairman); Keith Reed (EVH & Secretary); John Smith (Treasurer and Tamar Trotters); Dave Hatch and Jason Hulcoop (Moorhaven); Leigh Robinson (Plymouth Harriers); Martin Head (BATS); Kris Jones (Plymouth Musketeers); Martin Exley-Deane (Tavistock AC); Fred Jenkins (IS); Kevin Martin (Storm); Graham Edmonds (COPAC)

Apologies: Steve Leonard (PRR); Richard Warne (Plymouth Harriers); Ed Horn (LRR)

<u>Minutes of Previous meeting</u>: Agreed as true record. Paul welcomed Kevin Martin to the meeting.

## Club reports

**Tamar Trotters** Club have set up a recycling area for plastic recycling. Juniors competing at Westward League and 3k. Excellent turnout at training sessions. Seniors seem less keen on competing. Club assisted at Inter Services XC. Runners at various local races but also Bilbao Night Marathon. The latest C25K programme finished this week. New one to start in 2019. Bex Ezra represented Cornwall in the Inter Counties Champs. Jane Bremner has qualified for an International age group Triathlon in Nice.

**Plymouth Musketeers** All going well with membership up at 200. Couch to 5k programmes at Tamerton finished last week and the Plympton one this week. Currently working on a new assistant leader programme. Two new coaches signed up for LIRF course in February. David Shepheard did well in the Cornish marathon.

**BATS** Good turnout of runners at Tavi 7 and Cornish marathon. The Poppy run on 11 Nov went well with 39 taking part. Raised £1000 for BLESMA.

## Plymstock Road Runners) No report.

**Instinctive Sport**. Runners enjoyed Temper 10. Will be a group at Lopwell Loop. Fred reported the sad passing of Beryl Penney a founder member of the club. It is hoped to bring back the Plym Valley Challenge in 2019. Fred also recounted a good experience with Realbuzz running shop in Chester who deal in large size shoes.

**Moorhaven RC** The East Cornwall schools cross country venue has been moved to Bake Lake this week. Dave mentioned the National Festival of Running planned for 2019.

**Plymouth Harriers** Club has 200 members and have just recruited 10 new members form the C25K programme. There is a new one running now which is going well. Great turnout at Westward league. Ami Yetton, Steve Fletcher and Steve Hall all performing well. Initial planning starting for Autumn Trail. Date to be confirmed.

**Tavistock AC**. The Tavi 7 was a great success with 530 finishers having sold out well before the event. Approx. 50/50 split on women and men with 42% unattached. The club used Corn cups which are easily compostable in the race and are planning to do more of this. They are working with a company called Purple Planet who will offer discount to our clubs. Their website is as follows <a href="https://purpleplanetsupplies.co.uk/">https://purpleplanetsupplies.co.uk/</a>

Runners at Bideford 10, Great West run etc. God results at Westward league XC and also in the Plymouth and W Devon Schools events. Presentation evening to be held. Latest 5K run this coming Saturday.

## Launceston Road Runners. No report

**EVH**. The club held their AGM and the committee were re-elected although new newcomers are getting involved. Clubs runners have been doing well especially the ladies. Emma Lake and Sarah Hirons were the first two ladies in the Cornish Marathon and Cleo Perry has represented Devon twice in the Inter Counties and also did well in the Cannes-Nice marathon. Good start to the Sportshall season with a second place behind Plymouth. Good turnout of seniors at Westward league although the juniors were a bit lower than hoped. Christmas meal is sold out.

**STORM** Took coach to Remembrance run in Cornwall and also supported Tavi 7. Current training focus on the 10K and also track training to boost numbers. Current membership is 530. The Lopwell Loop has a few places left. Everything is in place for the event. There will be a Park and Ride system from the George Car Park.

**COPAC.** Club Sec with broken hip and out of action for a while. Track condition not good. A further inspection by EA is planned. If track fails it will be out of use unless PCC take resurfacing action urgently. Club fall-back is to use Tavi and/or Exeter. Club is running 100 hr placements for Marjon 2<sup>nd</sup> year undergraduates reading sports related degrees. Brickfields development under Social Enterprise rather than Asset Transfer as PCC wish to retain an interest in site. SLM contract ends in 2023. Albion have produced a development plan which does not align with the plans of other clubs associated with the Development proposals. This needs resolution as Albion's plan did not take account of the site topography and which to achieve would require a buttressed retaining wall to hold up the bank – too expensive. Associated Clubs are CoPAC, Albion, Plymouth Uni and Plymouth Raiders – interested clubs include the Cricket Club who need practice nets, the boules club and current users of the allweather pitch (5 aside football, hockey, lacrosse and American football training). Raiders have a costed, funded and viable plan for a basketball hall on the site of the current allweather pitch, which is worn and which would need to be moved to the lower field. For the development to move forward it is proposed that it is conducted in stages. Stage One would be resurface the existing track, install Raiders basketball hall and move all weather pitch to the lower field. Raiders propose an indoor athletics straight on one side of their hall. Stage Two would be installation of 3G pitches, but this requires Uni support, which appears to be on hold pending further internal discussions with the VC. It has been reported that Council Leader has stated that Raiders must not leave Plymouth but the Pavilions closes in 2020. Time is short.

<u>Coaching Co-ordinator Report</u> On recent evidence it appears Saturday sessions have been a bit better attended although weather has not been great.

Track Facilities. Plymouth: See CoPAC Report

**Tavistock:** Survey has now been done. The findings will form the basis a meeting with the College this month.

**<u>Clocks</u>** One clock in the store and the other with Storm.

## **Coaching and Officials Courses**

LIRF – Plymouth 25 Nov – places available Level 1 Officials – 25 Nov – Taunton LIRF – Bodmin 19 Jan CIRF – Exeter 9<sup>th</sup>/10<sup>th</sup> Feb 2019 Coaching assistant – Taunton 9<sup>th</sup>/10<sup>th</sup> March Athletics Coach – Tavistock 16<sup>th</sup>/17<sup>th</sup> March 2019

**Finances** The final accounts have been received back from the accountants for onward sending to company's house with CIC renewal paperwork. JS supplied an update on the accounts.

**<u>3K Series</u>** Next 3K race in the Winter races this week. It is the GP race so will be busy.

**<u>Chip Timing System</u>** Tavi 7 used system successfully. There is an issue with the clash of the Tavi 13 and the Granite way. We will have to resolves this one.

**Grand Prix 2018** Final two races this week. Scores listed on website. Agreed awards as last year. To be presented in Dec after 3K. Following discussions it was agreed to return to a results based grand prix in 2019 with age category prizes (possible T-shirts). This will be confirmed at December meeting.

<u>**Cross Country**</u> Thanks to all the clubs who supported the latest Westward league at Newquay.

**<u>AOB</u>** Lee raised the issue of athlete's selection for Devon. It was explained that clubs need to be affiliated to the county to have athletes selected. It would appear that Devon AA have not been communicated to. KR to raise at the next meeting. Paul has not resolved the issues with Devon Highways re duties of TMO despite a lot of effort.

Date of next meeting – Monday 10<sup>th</sup> December 2018 – Windsor House 6.30pm.GF3