



ARMADA ATHLETICS NETWORK
MINUTES OF MEETING HELD ON
13th August 2018



Present: Paul Ross (EVH & Chairman; John Smith (Treasurer and Tamar Trotters); Keith Reed (EVH & Secretary); Dave Hatch and Jason Hulcoop (Moorhaven); Lou Shalders (Plymouth Harriers); Martin Head (BATS); Kris Jones and Steve Bush (Plymouth Musketeers); Martin Exley-Deane (Tavistock AC); Ed Horn (Launceston RR)

Apologies Graham Edmonds (COPAC); Steve Leonard (PRR) Scott Allen (Storm); Richard Warne & Leigh Robinson (Plymouth Harriers)

Minutes of Previous meeting: Agreed as true record. The only amendment was that Richard Warne had been omitted from the apologies.

Welcome Paul welcomed new attendees to the meeting including Ed Horn from Launceston RR. Paul outlines the rationale behind the group and what we can offer. Launceston are keen to see what we can offer them as a club and are just exploring options at this moment in time.

Club reports

Tamar Trotters Great support for Mag 7. Numbers slightly down on previous year. Plymouth Harriers athletes were the top two placed Armada athletes in the race which is part of the Cornwall GP. Smudger has resigned again as Race Director. Club athletes in most local races. Juniors are returning to training in September. Colin Bunting has stood down as lead on junior coaching.

Plymouth Musketeers Kris Jones gave the report. Approx. 50% of the new Couch to 5k graduates have joined the club. Club held a successful Parkrun takeover recently. Enjoyed Mag 7 and the recent Fell races put on Tavistock AC. Good turnout at Armada 5K. Four new LIRFs plus CIRF's in pipeline.

BATS New members coming along recently Members took part in most local races including the Armada 5K. Martin did the RAT (32 miles)

Plymstock Road Runners No report

Instinctive Sport No report

Moorhaven RC Club helped marshal at Indian Queens and set up road closures.

Plymouth Harriers Lou Shalders gave the report The Six Moor Miles was postponed due to bad weather and will now take place on Saturday 15th September with a 4pm start. Existing entries have been transferred but new entries can be accepted. New Couch to 5K starting in September. Dave Beckenkraeger did well in Totnes 10K. Members took part in the recent Fell races and other local events. Some new members coming along.

Tavistock AC. New members joining including three returning from TRP. Runners have been out in force at local runs. Junior athletes again at SW league, YDL and SAL. 42 club records set this season. Tavi Relays was an outstanding success on 19th July with a record entry. The first fell race on 1st August went well with next one on 15th August. Couch to 5K programme going well. Adam Holland has done 10 marathons in 10 days with an average time of 2.51. The Devon open at Tavistock went very well despite weather concerns.

EVH. A quiet time for the club due to holidays. Volunteer recruitment has been put on hold until September. Senior athletes did well at Cornwood, Haytor and Muddy Duck. Juniors have been competing in Track and Field but not as many as would be hoped. Planned trip to the Torbay relays is looking popular. Recently held a Parkrun takeover as well.

COPAC.(by email) No report

STORM (by email) Apologies that no one can be at meeting it is due to a clash with a club run and a shortage of leaders due to holidays. Club enjoyed Cornwood 10K. Still keen to get into Armada GP as a guest event. Club attended Totnes 10K and are planning a trip to Barnstaple for the Marathon/Half Marathon. Some spare places on

coach available. Club held Absolute Beginners session and 61 attended with 57 still continuing after a couple of weeks. The Lopwell Loop 12K will be open for entries probably next week.

Coaching Co-ordinator Report No report but please note the session this Saturday can only run until 11am due to a league meeting on the track.. Regional coaching workshops on August 19th at Plymouth has been cancelled

Autumn Trail Run. Entries are coming in a bit better now but still slow. Please can all clubs really promote the race. We need a lot more entries. It was agreed not to use Chips. We need clubs to take on specific roles e.g. water stations. EVH to run finish. Will need timekeeper as KR away. Alistair Kinsey will do the results

Sharon Adams sorting medals. Helen Roper in charge of marshals. Recce run on Wed before race day. Set up 2pm Friday and 10am Saturday. Help needed on both days please.

It was agreed to offer a club discount of 10% if 25 entries are received from a club and 15% for 50 or more. This will be paid back to the club.

Track Facilities: **Plymouth** No update at the moment.

Tavistock Survey has been commissioned. Cost shared between the college and the club. The findings will form the basis of the next step in the potential asset transfer.

Clocks One going to Treggy 7 and then Martin will bring back for the Autumn Trail. The other will be hired out to Peter Ferlie on the same day. Agreed fee £75.

Coaching and Officials Courses KR gave an update on courses which are also on the EA website. An endurance official's course will be held at Exeter on Sunday 30th September. Trying to sort a Track and Field official's course in either Tavistock or Par in late Oct or early November.

Finances JS gave an update on the accounts. Paul asked about receipts relating to CIC registration.

5K Series/3K Series The august race went well with a turnout of 237. There was a minor course alteration due to path works. The final one will be on Wed 12th September. It was decided to do the 3K Winter races. Entry fee to be the same. Permissions granted by Plymouth City Council.

Chip Timing System Booking now received from Age UK for their 10K on 16th June 2019 plus Pete Ferlie races in Exeter. We really need new recruits to operate system. Please let Keith know if you help next year.

Grand Prix 2018

Now up and running. Scores listed on website

AOB

A discussion took place about race discounts. It was agreed that any discounts offered should be to all clubs but unfortunately we cannot influence this with race organisers outside of our member clubs. Martin Head had issues with FR events as BATS were not on list.

Date of next meeting – Monday 10th September 2018 – Windsor House 6.30pm.GF3