



ARMADA ATHLETICS NETWORK
MINUTES OF MEETING HELD ON
13th April 2019



Present: Paul Ross (EVH & Chairman); Keith Reed (EVH & Secretary); John Smith (Treasurer and Tamar Trotters); Dave Hatch. (Moorhaven) Martin Head (BATS); Sharon Dunridge & Daz Williams (Plymouth Musketeers); Alistair Kinsey (Tavistock AC); Paul Crutchley (COPAC); ; Ed Horn (LRR); Steve Rose (PRR); Richard Warne and Leigh Robinson (Plymouth Harriers); Fred Jenkins (IS); Jack Arundel (Storm);

Apologies None received

AGM

Paul welcomed everyone to the AGM and gave a brief report. The group had been going for 22 years and was formed following potential developments at Home Park. It is interesting to see that things are only just happening in that area. Over the years things have gone well with clubs coming and going. The name was changed to Armada and we had funding from EA for three years which helped establish us as an Athletic Network.

There have been a number of negatives and positives this past year.

Negatives: Facilities, coaches not engaging with track sessions, loss of East Cornwall, Lack of numbers for Autumn Trail. KR having to come off EA SW Regional Council. Lack of new volunteers at our events. Loss of East Cornwall H.

Positives Addition of Launceston RR, Autumn Trail, 3K/5K series, Coach Development, Increase in numbers, Grand Prix, Chip timing and Clock Hire, Storm new race, Link with Raiders.

Overall it had been a good year. Paul thanked everyone for making the group run so well and in particular the volunteers who work at our events.

Paul thanked all the officers of the club especially John in his role as Treasurer and Keith and Jayne for all they do.

Election of Officers

Richard Warne took the Chair. Paul Ross was voted back as the Chair. Proposed by Fred Jenkins and Seconded by Leigh Robinson. Richard Warne was voted back in as Vice Chair Proposed by Martin Head and Seconded by Steve Rose. John Smith was voted back as Treasurer Proposed by Sharon Dunridge and Seconded by Martin Head. Keith Reed will continue as Secretary. Steve Rose expressed the gratitude of the group to Paul Ross for all his hard work as Chair. The main meeting then continued.

Minutes of Previous meeting: Accepted as a true record

Club reports

Tamar Trotters It has been a busy weekend with runners at an Half Ironman in Majorca as well as 60 at Ivybridge and Trevornick. Bex Ezra won the Ladies race at Ivybridge and one of the new Couch to 5K graduates did sub 45m. Jane Bremner doing well in her age group at Ironman and other events. Saltash Half coming up. Mag 7 entries now online only and they are coming in well It is part of Cornish GP so expected to fill before the day. Runners in both races will use a scoop cup.

Plymouth Musketeers At recent AGM Sharon Dunridge was voted in as Chair with husband Darren taking on the role of Secretary. Lots of club members at local events including Ivybridge. The Couch to 5K groups have gone well with 15 graduates who will join the club. Muskies Madness entries now open. Will use Chip timing.

BATS Runners at London, Ivybridge, Goodreavy 10K and Ciderthon. Entries coming in steadily for Bere Pen 10K on Saturday 25th May.

Plymstock Road Runners Steve Rose was in attendance. Graham Bale did well in London. 16 at Ivybridge 10K. Runners are tending to race more. Unfortunately the junior club has been disbanded due to the retirement of Dave Dane. Muddy Duck entries open.

Instinctive Sport. The club have had runners at various races including the Fast Friday 10k in Exeter. Fred passed on his thanks to those who attended the walk in memory of Beryl Penney who recently passed away. There were over 80 in attendance and money was raised for a cancer charity.

Moorhaven RC Ruth and Dave Hatch received the Care award from Cornwall CC. Congratulations go to both of them. Dave is meeting with doctors from Derriford relating to setting up a running group.

Plymouth Harriers The clubs AGM will be held in three weeks' time. The Couch 2 5K groups graduated at the last Armada 5K in Saltram. Some good results in London including Steve Fletcher who did 2.44. Some others qualified as good for age. The Tory Brook 10K and 2K - race licences applied and approved. General support for fish n chips as a food choice after the race.

Tavistock AC. Helen Kula-Przewanski won her age group at the World Champs Aquathlon. Good results in various marathons. Athletes at SAL and YDL as well as both Cornwall and Devon Championships. Ed Fileman and Hannah Gellatly throwing very well. Relays on 18th July. Productive meetings held with Tavistock College over potential License agreement. Hope to install new Portakabin on side of track. Hammer Cage to be upgraded in next few weeks.

Launceston Road Runners Club going well. 20 in new beginners group. Current membership is 180. Some good results in London. Just recruited 3 new LIRF's. Treggy 7 entries now live. Club still going well. 22 on

STORM Kevin has stepped down as Chair recently due to personal reasons. Jack has taken on the role. Club going well. 22 on Absolute Beginners course. Lopwell Loop 17th November.

COPAC. Hosted the first Devon Open Series 28/04/19 finished 2nd. First YDL at Swansea 05/05/19 finished 4th with low turnout with some athletes preferring the South West League Cup at Exeter on the same day where finished third overall and retained the Under 13 girls trophy. Next SAL 19/05/19 at Swindon, YDL 26/05/19 at Yeovil. Plenty of medallists and good performances at T&F County Champs at Exeter 12/05/19 notably Molly Shore U13G 1500m breaking the Devon record with a time of 4.54.50. PCC informed us that Brickfields track relaying has been delayed due to contractor availability. May not now happen until April 2020 which is not ideal. As part of our development plan we have started discussions with both Stuart Jones (POP) and Alan Stockdale for disability and community links to support business plans for funding opportunities to support new clubhouse closer to track. Raiders proposals have gone very quiet but now that local elections are complete hopeful that there may be renewed interest

EVH Thanks passed on to all the member clubs for their support of the Ivybridge 10K. The race went well with 826 finishers. Club athletes doing well in road and track and field events. Held the annual presentation evening at the Watermark in Ivybridge which was very successful. Gamechangers are doing well. Couch to 5K group going well. Ed Perks (the clubs oldest member) recently passed away at the age of 96. EVH relays on 5th July. Entries open.

Coaching Co-ordinator Report Neil has issued the latest schedule. Sessions have been much better recently in terms of numbers.

Track Facilities.

Plymouth At the last meeting of the working group it was announced that any work on the tack would not be able to be done this year because of time constraints. This is a disappointment but as least it is looking likely that the money will be invested. Currently no decision can be made until after the European elections.

Tavistock As already reported.

Clocks Both clocks in the store. The lost battery has been found.

Coaching and Officials Courses

LIRF – Exeter on 2nd June plus one at Carn Brea on 19th May
Coaching assistant Course – Tavistock 15th/16th June
Athletics Coach – Exeter 21st/22nd September
Need to sort an official's course.

Finances Finances as AGM

5K Series First two have gone well. Toilets are a bit limited. Help needed as always.

Chip Timing System System used well at Ivybridge. We then have the Exeter Marathon on 19th May and Age UK 10k on 16th June. KR has spoken to organisers. We have purchased 2000 more credits. Daz Williams has been trained in preparation for the Muskies Madness.

Grand Prix 2019/20

Second race held at Ivybridge. Results to be done.. Final rules now confirmed for 2019 and on website. Need final numbers from clubs by June meeting.

Pictures of awards on website and also on Facebook.

AOB

- The PA has been repaired successfully
- Majority of the Cornwall Road Running group have decided against moving to ARC, but some clubs may still do so.
- Sharon Daw will soon complete 300 marathons or ultra marathons
- Some issues with EA club finder
- Tamar Bridge 10K was apparently short (not noted on Power of 10)

Date of next meeting – Monday 10th June 2019 – Windsor House 6.30pm.