



ARMADA ATHLETICS NETWORK
MINUTES OF MEETING HELD ON
14th October 2019



Present: Paul Ross (EVH & Chairman); Keith Reed (EVH & Secretary); John Smith (Treasurer and Tamar Trotters); Dave Hatch. (Moorhaven), Paul Crutchley (COPAC); Martin Head (BATS); Sharon Dunridge (Plymouth Musketeers); Martin Exley-Deane (Tavistock); Fred Jenkins (IS); Richard Warne (Plymouth Harriers); David Oliver and Rachael Rees (Plymstock RR); Jon Roberts (Launceston RR);

Apologies: Leigh Robinson (Plymouth Harriers)

Minutes of Previous meeting: Accepted as a true record
Paul welcomed the new attendees to the meeting.

Club reports

Tamar Trotters Runners at races all over. P Gregg earned England Master vest. Thanks to all clubs who supported Mag 7. Particular thanks to the runner from Launceston who helped sort a horse incident on the course. Junior Sportshall competition reinstated and now involving more clubs. Club enjoyed Tory Brook trails.

Plymouth Musketeers Lots of club members at local events as usual including Plymouth 10K and Ladies 10K at Newton Abbot. Club membership now at 234. Members completed club survey as part of UKA club development

BATS The club have had runners at various races including Eden and Loch Ness. Club members enjoyed Tory Brooks trail. Some members successful in London marathon and Grizzly Ballots. Some recent interest from prospective members.

Plymstock Road Runners The club thanked Dave Hatch for helping at Eden. Currently 77 members with Kate Aspinall the new Chair. Good attendance at races. Christmas party planned. Hoping to start new C25K programme in January. 6 members in London Marathon.

Instinctive Sport. Members at various races including Plymouth 10K and last Armada 5K. One member has been successful in London ballot and 2 in Grizzly. One new member did well at Plymouth 10K.

Moorhaven RC Dave reported that the ARC have been invited to the next Cornwall Road Running Group meeting. The group are looking to include all races held in Cornwall. Successful Schools Cross Country held with 400 taking part.

Plymouth Harriers Tory Brook Trails was very successful and went off without any issues on the day, however there was a distinct lack of numbers from our local Armada clubs which is a bit disappointing and the race was not advertised on the Trotters race diary. If clubs would be kind enough to let us know why entries from their clubs was so low that would be great. We think we may have got the race start time wrong and we are seriously considering going back to a Sunday morning next year. We have now moved our club venue to St. Boniface Catholic College - still on a Wednesday at 6.20pm. Numbers have increased from average 40 attendees to 60+ - good move I would say. Membership is on the rise, plenty of new enquiries and people actually joining up - I believe we are at c180...Richard should be able to update tonight. Our new C25K is up and running, now going into week two with 15 newbies. Races have been well attended and results across the board have been excellent over the past month. Young Sam Yearling continues to dominate the Armada by taking the win at the first 3K series last week. Our men picked up 3rd mens team in the Eden half yesterday and Ami Yetton continues to impressive with another 2nd place and a call up to the Devon road 10K Champs in November. XC - great first fixture although I could only stay for half. Good to see lots of new faces in the Harriers line ups and decent positions too. Track update - It appears certain people are still taking advantage of the Armada track sessions who are not members of clubs and are fully aware of the situation. Is there an update on this please?

Tavistock AC. Club members enjoyed Tory Brook Trails. Very busy day on 6th Oct with a great turnout at Westward league. Judy Cuckston won the National Volunteer award for Inclusion at recent ceremony in Birmingham.

Launceston Road Runners Treggy 7 went well and was again sold out. Limit will remain at 500. Current club membership is 153. New C25K started. Slow response to Armada GP races but hoped it will be better next year. Various workshops being held at the track and athletes have been invited to these as well as the National Development programme from UKA. 5K is on Sat 19th and Tavy 7 is nearly sold out. Meeting being held with Tavi College about Track. All looking positive.

STORM No report.

COPAC. Good turnout for first Charles Stanley Westward League cross country event at Plymouth First Sportshall at Dawlish 20th Oct YDL meeting 18th Oct at clubhouse to discuss possibility of more local competition. Molly Shorey (U13) won silver at British Athletics cross challenge in Cardiff Nubia Evans-Shields massive discus throw of 39.86 m. 2nd longest U13G throw of all time! Continue to develop links to Marjon and University both athlete and coaching. Track development - lane 3 of home straight significant damage due to motorbike. Meeting with PCC and EA concluded that if track is refurbished should be done as soon as possible. (April - June 2020). PCC have drafted business case for refurbishing track and field at Brickfields, includes upgrade to lights, fencing, hammer circle repositioning and relaying track with 2nd 100m on back straight. Potentially £750k Meeting arranged with Councillor Smith 31st Oct to discuss future of facility

EVH Club has been going well with some good results. Good turnout at Westward league. AGM coming up and there are vacancies for Chair and Treasurer. Also need new members of the committee.

Coaching Co-ordinator Report Neil is as always trying to sort coaches to cover session. It was raised by Sharon Dunridge about asking Neil to set up a coaches training session to recruit and also promote the sessions better using social media.

Track Facilities. All covered in club reports

Clocks Both clocks in the store.

Coaching and Officials Courses

LIRF Plymouth YMCA – 17th November
Coaching 19th/20th October Taunton
CIRF 1st/2nd Feb Bodmin

Finances Healthy balance. CIC paperwork and accounts has been sent off

5K /3K Series Final 5K in Saltram was held on Wednesday 11th September. The first 3K of the winter was not that well supported possible due to the weather. The new Hub building was not yet ready but we hope to be able to use it as Race HQ next month. The course is being re-measured next week and we can then change the course.

Chip Timing System Next race is and Tavi 7. We will need to order more Credits after that race. Need to confirm bookings for 2020.

Grand Prix 2019/20 Latest point's standings are on website. Two events to go. KR to send out a list of possible award winners to each club to find out what memento they require.

AOB

- The network have a new Social Media editor who is Ruth Terry. Details to be shared.
- We will have to look for an alternative venue to meet due to time constraints on finishing. Richard Warne to see if St Boniface's is a possibility.

Date of next meeting – Monday 11th November – Venue TBC 6.30pm.