



ARMADA ATHLETICS NETWORK  
MINUTES OF MEETING HELD ON  
8<sup>th</sup> April 2019



**Present:** Paul Ross (EVH & Chairman); Keith Reed (EVH & Secretary); John Smith (Treasurer and Tamar Trotters); Dave Hatch. Jason Hulcoop and C Hulcoop (Moorhaven) Martin Head (BATS); Daz Williams (Plymouth Musketeers); Martin Exley-Deane (Tavistock AC); Graham Edmonds (COPAC)

**Apologies;** Ed Horn (LRR); Steve Leonard (PRR); Richard Warne and Leigh Robinson (Plymouth Harriers; Fred Jenkins (IS); Kevin Martin (Storm);

**Minutes of Previous meeting:** Accepted as a true record

### **Club reports**

**Tamar Trotters** Athletes competing in lots of events beginning with T. Namely Taunton, Tavi 13 and Trepolpen. Bex Ezra was 2<sup>nd</sup> lady in the Taunton Half. Mag 7 entries now online. 70 received so far. It is part of Cornish GP so expected to fill before the day.

**Plymouth Musketeers** Lots of club members at local events including Tavi 13, Taunton, Mad March 10K. Bath Half. and Manchester Marathon. Grand Prix now finalised. Couch to 5K groups going well. Muskies Madness entries now open.

**BATS** Runners at Taunton, Tavi 13 and Trepolpen. Membership renewals coming in. Entries coming in for Bere Pen 10K.

**Plymstock Road Runners** No report.

**Instinctive Sport.** No report

**Moorhaven RC** Dave Hatch has been nominated for a Care award from Cornwall CC. Congratulations go to him.

**Plymouth Harriers** (by email).

1. Awards night went extremely well - Penn Hadfield-Bennett awarded 'Life Time' award
2. We are now on week four of our C25K course with 14 people attending - best in a while and charging £20 in advance.
3. Sam Yearling continued his impressive form and picked up first place in dare i say it.....The Tamar Bridge 10K
4. Plenty of success at the brilliantly hosted and ran Tavi 13. John Cooper 3rd overall and men's 2nd team prize. Anne Marshall 3rd Female Vet 55. Harriers had 20 runners.
5. Granite Way 20 miler. Steve Fletcher 2nd place and Alex Peyton Jones 3rd place.
6. 6 runners at Manchester Marathon this weekend.
7. 3 runners at Taunton Half & Marathon this weekend.
8. Livvy Hill has been selected by Asics to be one of their team of 6 UK Ambassadors, fighting of 25,000 applicants.
9. Membership renewals are due and numbers are picking back up.
10. All systems are moving forward with the new race The Tory Brook 10K and 2K - race licences applied and approved. We are thinking of having fish n chips as a food choice after the race - thoughts/input from clubs please.

**Tavistock AC.** The club supported Adam Holland's run from John O' Groats to Land's End last weekend. It was a great achievement raising money for charity. The Tavi 13 went well despite the unfortunate delay due to an accident on the course. The race sold out and was as plastic free as it could be. The ladies team were second at the Bath Half. Relays on 18<sup>th</sup> July

**Launceston Road Runners** No report

**STORM** No report

**COPAC.** The Spring Warm Up went well with 229 entries. Thanks to clubs for the support. Poppy Northcott has stated the season very well topping the UK rankings in 3 events. The club is hosting the first Sal of the season on Saturday. The approval of the track repairs is on hold pending the local elections. We are all extremely hopeful that it will be approved. No news on the Raiders project. Graham is standing down as Chair and Paul Crutchley will be taking over as acting Chair until the AGM in November. Paul thanked Graham for his contribution to the club and to Armada.

**EVH** The club retained their Devon Sportshall League title following the final fixture at Dawlish. Entries for Ivybridge 10K now closed as the race limit has been reached. Presentation evening taking place on 26th April at Watermark. Good start to the Track and Field season at Brickfields where 21 athletes took part from the club. Starting new Couch to 5k group on 23<sup>rd</sup> April on a Tuesday. The club are running one session per month from Wrangaton Golf club to give easy access to Dartmoor. Club trip planned to Torbay relays in August.

**Coaching Co-ordinator Report** Neil has issued the latest schedule. Sessions have been much better recently in terms of numbers.

### **Track Facilities.** **Plymouth**

The next meeting of the working group will now be after Easter. Armada have agreed to support the additional back straight 110m starts

**Tavistock** Ongoing.

**Clocks** Both clocks in the store. A battery was lost following the Granite Way. This was a special heavy duty one and Exeter City will have to replace on a like for like basis. Paul to contact them. Ned to revisit insurance.

### **Coaching and Officials Courses**

LIRF – Exeter on 13<sup>th</sup> April and 2<sup>nd</sup> June plus one at Carn Brea on 19<sup>th</sup> May

Coaching assistant Course – Tavistock 15<sup>th</sup>/16<sup>th</sup> June

Athletics Coach – Exeter 21<sup>st</sup>/22<sup>nd</sup> September

The Time to Listen Workshop took place at Brickfields Sports Centre, Plymouth on 25<sup>th</sup> March.

**Finances** Finances are healthy. AGM next month. Subs due by then please.

**5K Series** Starting this week in Saltram. Help needed as always.

**Chip Timing System** System used at Tavistock but some issues with early pick up of runners. next time will be at Ivybridge. We then have the Exeter Marathon on 19<sup>th</sup> May and Age UK 10k on 16<sup>th</sup> June. KR has spoken to organisers. We have ordered 2000 more credits

**Grand Prix 2019/20** First race held at Tavi 13. Final rules confirmed for 2019 and on website Pictures of awards on website and also on Facebook.

### **AOB**

- The PA is in for repair
- There have been issues with the Cornwall Road Running group concerning level of Medical cover required by Run Britain. There has been talk of clubs moving to ARC. Richard Ayling has got involved.
- Paul had receive a request to borrow equipment. Not approved.

**Date of next meeting – Monday 13<sup>th</sup> May 2019 – Windsor House 6.30pm.**