



ARMADA ATHLETICS NETWORK
MINUTES OF MEETING HELD ON
8th July 2019



Present: Paul Ross (EVH & Chairman); Keith Reed (EVH & Secretary); John Smith (Treasurer and Tamar Trotters); Dave Hatch. (Moorhaven), Martin Head (BATS); Sharon Dunridge (Plymouth Musketeers); James Armstrong (Tavistock AC); Paul Crutchley (COPAC); Fred Jenkins (IS); Ed Horn (LRR); Leigh Robinson (Plymouth Harriers); Jack Arundel (Storm)

Apologies: Steve Rose (PRR); Richard Warne (Plymouth Harriers); Martin Exley _Deane (Tavistock AC)

Minutes of Previous meeting: Accepted as a true record

Club reports

Tamar Trotters Club runners at Sticker, Hope 24, North to South Coast Trails. Colin Bunting did his 88th Marathon at Woolacombe. Club enjoyed the EVH relays and they took a coach along. There are just around 100 places left in the Mag 7 so expected to fill before the day.

Plymouth Musketeers Lots of club members at local events including Torbay, EVH relays Hope 24 and Ham to Lyme 50K. Held Parkrun Takeover last Saturday. Muskies Madness entries coming in. Rodney Hillebrandt earned his England Masters vest as a Vet 70 following his run in Plymouth.

BATS The club have had runners at various races including Burrator Horseshoe, Hope 24, Meet your Max etc. No interest for relays though

Plymstock Road Runners No report

Instinctive Sport. The club have had runners at various races including Torbay Half and EVH Relays. It is the clubs 35th anniversary on July 12th and there will be 60 attending.

Moorhaven RC Nothing to report.

Plymouth Harriers Membership at 170 Tory Brook Trails race on 21st September with a 2K and 10K. Entries open. It is possible to do both. Local and further afield races well attended. Sam Yearling doing well again. Club did Haldon relays. It was a bit expensive but a good event. Enjoyed EVH relays and did well. Leigh outlined an issue with a female runner who was a member of the club. She has been asked to leave the club for welfare and personal safety issues. Clubs should be aware of this.

Tavistock AC. The club have redesigned their logo using the Tavistock Town logo. The new Portakabin has been installed at the track and will be used at the Devon Open which takes place on Sunday. Couch to 5K programme running. Runners at recent races including Torbay and EVH relays. Adam Holland has completed 10 marathons in 10 days plus other races in the period. Some athletes attended Fell races nationally plus the ones held locally. Sam Lake did well in a Triathlon in Transylvania. Tavi relays on 18th July. Bumper entry expected.

Launceston Road Runners Ed Horn will be moving clubs but will continue at LRR rep. The club enjoyed the EVH relays and consider the Armada GP event a major bonus. Jeanette Johnson gained her England Master Vest by going to Hull. Treggy 7 on 1st September.

STORM Runners at various races at various races including Torbay Half, EVH Relays, Unicorn Frolic 10K. A new Absolute Beginners course is starting which is over subscribed. Lopwell Loop race confirmed for 13th November.

COPAC. Club athletes supported SAL - 16th June (Poole) finished 2nd on the day with only one minibus about 4th overall. Next meet 13th July at Basingstoke. Coach will cost nearly £1000!
YDL - 30th June Cardiff finished 4th on the day. Qualified 4th overall but will not be putting a team in the play off on 28th July. Lack of athlete support. Team DC will drop out next year. This could lead to the opportunity for more local competition next year. SWL - 7th July at Exeter fair numbers good competition with some good results
EVH Relays 7 teams entered. U13G were stunning with some amazing performances, first ladies home. Closely followed by our senior ladies who won their age group with Victoria Weir quickest woman. U18M won their age group.

English Schools - 6 athletes qualified for finals in Alexander Stadium.
Club are carrying out a publicity campaign to try and bring some new blood in voluntary roles.

EVH Keith passed on the clubs thanks for all the support received from the clubs who came along to the relays. Well done to Paul who did a superb job as race director. There was a record entry and all went well. There may be a clash with the Hope relay event in 2020 but hopefully this will not cause a problem. The Couch to 5k group are doing well with 20 involved. Some will graduate at the July Armada 5K and the rest in August. Gamechangers project is going well.

Coaching Co-ordinator Report Neil has issued the latest schedule. Some issues with lack of coaches on odd weeks.

Track Facilities.

Plymouth – No progress (since received an update which says things are happening but behind the scenes).

Tavistock. New Hammer cage and Portakabin has been installed. Looking at installing Pole Vault. A further meeting has been held with the College and agreement on the new licence structure is close. Devon open will be held on 14th July

Clocks Both clocks in the store. Battery charged. Need to confirm usage in the next few weeks.

Coaching and Officials Courses

LIRF – Paignton 21st July, Exeter 8th September

Coaching assistant Course – Tavistock cancelled. Taunton on 19th/20th October

Athletics Coach – Exeter 21st/22nd September

CIRF – Taunton 14th/15th September

Official's course – Oct 5th at Exeter.

Finances Healthy balance. Some good recent income. Website hosting invoice to be paid.

5K Series Next one is this Wednesday 10th July. Entries have been good so far. Help needed as always.

Chip Timing System All went well at the Age UK 10k on Sunday 16th June, Smudger and his wife assisted Keith Will be used at Tavi relays, Muskies Madness and Tavi 7. Will need to order more credits in September.

Grand Prix 2019/20 Latest point's standings are on website. **Still need final numbers from some clubs please.** Pictures of awards on website and also on Facebook. Ed Horn asked about a runner changing clubs if they could qualify for all races.

AOB

- Agreed not to meet in August
- James Armstrong gave update on Devon Running News which he produces.

Date of next meeting – Monday 9th September – Windsor House 6.30pm.