



ARMADA ATHLETICS NETWORK
MINUTES OF MEETING HELD ON
8th October 2018



Present: Paul Ross (EVH & Chairman); John Smith (Treasurer and Tamar Trotters); Dave Hatch, Eddy D and Jason Hulcoop (Moorhaven); Leigh Robinson and Richard Warne (Plymouth Harriers); Martin Head (BATS); Daz Williams (Plymouth Musketeers); Martin Exley-Deane (Tavistock AC); Fred Jenkins (IS); Ed Horn (LRR) Katie Parsons and Tracey Mudford (Storm)

Apologies: Graham Edmonds (COPAC); Steve Leonard (PRR);

Minutes of Previous meeting: Agreed as true record. Paul welcomed new attendees to the meeting.

Club reports

Tamar Trotters Junior section growing (80 at sessions). Held Sportshall competition with ECH and Bude. Seniors numbers are returning to sessions.

Tamar Trotters - operational in events locally and further afield. New FV60-64 Club record set by Jane Bremner at Ealing Half Marathon having taken age category awards at Treggy 7 and Truro Half and completing a Half Ironman at Weymouth during the month as well - qualifying for International in Nice next year along the way.

The few runners who got out seemed to be everywhere with many running every weekend, Bex Ezra picking up her usual smattering of wins. Club held a successful "back to Club" event on September 11th encouraging past members back to the fold and attendance is going up as a result. Current C25K is operating with 20 regular attendees at the half way point, quite a few completed the Plymouth event on Sunday. X/C was well attended (by those who could park) with Bex again coming 7th in her event and Claire Davidson winning her age category

Plymouth Musketeers Now have over 200 members. Couch to 5k programmes going well. New coaches being developed both CIRF and LIRF. Good turnout in Plymouth 10K and at Westward league.

A club athlete set a new club record in Cardiff.

BATS Club has new kit. Runners in all sort of races. Club organising Poppy run on 11 Nov. Not a race. All welcome.

Plymstock Road Runners No report.

Instinctive Sport. Club enjoyed 6 moor miles race. Athletes in various local races over all distances.

Moorhaven RC Dave and Ruth attended Risk Awareness course run by Paul. It was a disappointing turnout generally. East Cornwall schools cross country to start this week.

Plymouth Harriers Leigh thanked the Armada clubs for the support of the rearranged 6 moor miles. The event went well and feedback was good. The cost of putting on the event has become prohibitive so it is likely to be the last one. Club have had some good successes recently. New couch to 5K group starting.

Tavistock AC. Club had some good performances in the Plymouth 10K and also had 46 at the Westward league. Adam Holland has continued his marathon success recently. Last 5Kool Run was a success. Club have some people on TMO course. Also people attending Coaching courses. Tavi 7 filling fast.

Launceston Road Runners. At a recent committee meeting the club agreed they would like to join the Armada Network from the beginning of 2019. The Treggy 7 race went well. Runners in a lot of local events including Plymouth 10K

EVH. Club runners have enjoyed success recently especially Cleo Perry who has won her last two races. Good start to Westward league season with some encouraging performances by athletes. Club gearing up for Sportshall. Club AGM coming up at start of November. Focus on recruiting new volunteers. Jo Jayes won a SW award as a volunteer.

STORM Club has had a busy few week with athletes competing all over. Club ran trips to Newton Abbot Ladies 10K and Bristol Half. Also lots in Plymouth 10K/5K. Made debut at Westward league. Plans for race going well. Taking coach to Remembrance run in Cornwall.

COPAC.(by email) **AGM 30 Nov at Duke of Cornwall**

Community Asset Transfer has been revised to Social Enterprise plan as PCC wish to retain an interest (all of a sudden) in the Brickfields site. Awaiting a call for another meeting of Albion, Raiders and CoPAC to discuss next steps and the development ground plan provided by Albion.

Coaching Co-ordinator Report Discussions were held about Sat morning track session for endurance. Numbers have been low recently and it is now mostly Plymouth AC athletes who are on the track. It was agreed that clubs need to publicise. To be reviewed in the new year. Also coaches need to get involved.

Autumn Trail Run. All bills have been paid except for club discounts.. These were overlooked. Discussion took place about 2019 and it was agreed the event would be put on by Plymouth Harriers. We hope the race numbers will increase as a result.

Track Facilities. **Plymouth** See CoPAC Report

Tavistock Survey has not yet been done. The findings will form the basis of the next step in the potential asset transfer.

Clocks Both clocks in the store.

Coaching and Officials Courses

Coaching Assistant – Tavistock 13/14th October

Level 1 Officials – Par 27th October

LIRF – Taunton 3rd November

LIRF – Plymouth 25 Nov – places available

Athletics Coach – Tavistock 16th/17th March 2019

Finances JS supplied an update on the accounts. Finances from the Autumn Trail still to be finalised

3K Series 3K Winter races start this week. Help need please. There have been issues with License due to running after dark. Has now been resolved verbally.

Chip Timing System Tavi 7 using system.2019 booking now firm.

Grand Prix 2018 Now up and running. Scores listed on website. Agreed awards as last year. To be presented in Dec after 3K. We will need to agree 2019 format at next meeting.

Cross Country The first Westward League XC event will be held in Central Park, Plymouth on Sunday 7th October went well. Thanks to all who helped..

AOB Tavistock have had issues with Devon Highways re duties of TMO. Paul and Martin are trying to clarify this as a matter of urgency.

Date of next meeting – Monday 12th November 2018 – Windsor House 6.30pm.GF3