



ARMADA ATHLETICS NETWORK  
MINUTES OF MEETING HELD ON  
9<sup>th</sup> March 2020



**Present:** Paul Ross (EVH & Chairman); Paul Crutchley (COPAC);; Daz Williams & Sharon Dunridge (Plymouth Musketeers); Martin Exley-Deane (Tavistock); Fred Jenkins (IS); Leigh Robinson & Richard Warne (Plymouth Harriers); John Smith (Treasurer and Tamar Trotters); Keith Reed (EVH); Jason Hulcoop (Moorhaven); Steve Rose and Bill Christie (Plymstock RR); Jon Roberts (Launceston RR)

**Apologies:** Dave Hatch, (Moorhaven); Martin Head (BATS); Ian Lamerton (Plymouth Tri Club)

Before the start of the meeting a minutes silence was held in memory of Peter Tabenor who passed away recently.

**Minutes of Previous meeting:**

Accepted as a true record.

Paul thanked COPAC for allowing us to use the clubhouse at the Brickfields once again. Still no information on Hub opening.

**Club reports**

**COPAC** Paul outlined the situation with the track refurbishment which had already started. The situation had moved very quickly once approval was given. The club had arranged additional use of the AstroTurf and session at Tavistock. It is hoped that the work will be completed by mid-June. The contactor is Smith Construction. The Clubhouse proposals have moved on involving DHSOB rugby club to share facility which would be beneficial for our fund raising potential. Initial planning meeting has been held.

The club have been doing well with Dave King retaining his British Indoor 60m Hurdles title. Good results in the Westward league cross country and Inter Counties. Final Sportshall this coming weekend.

**Tamar Trotters** The club have been able to sort the problems with their bank account. Thanks to Armada clubs for support. It may be useful if clubs talk to their banks about security. Club held an AGM and they have a new treasure plus some new bold on committee. The Mag 7 will have a Green medals to celebrate Mayflower 400. It had been a busy weekend with Grizzly and Bideford. Also good turnout at Looe 10. Recently a former Couch to 5K graduate was voted much improved runner after a 1.43 half marathon in Bodmin.

**Plymouth Musketeers** Runners all over at local events as usual. Couch to 5K groups have started at both venues. Good age category results in Looe 10.

**BATS** - No report.

**Plymstock Road Runners** Bill Christie is the new following the recent AGM. The fees will remain as last year and membership numbers are similar to 2019. The club have just competed a couch to 5K programme. 19 runners in Bideford. Carla Haines doing well. Planning underway for Muddy Duck.

**Instinctive Sport.** Athletes in Looe 10, Parkruns and Trust 10k in Saltram.

**Moorhaven RC** Nothing to report. Dave sends his apologies.

**Plymouth Harriers** Thanks to all those who attended Pets Tabenor's funeral. Club happy to accept any donations. New Couch to 5K in mid-April. Tory Brook Trails is definitely going ahead with new race team. It will be on 27<sup>th</sup> September as advised. Good season at Westward league. Athletes at Bideford Half and Duchy 20.

**Tavistock AC** 20 runners at Bideford Half plus six juniors a Inter Counties representing Devon and Cornwall. Good season in Westward league being the second largest club. 16 trophies were won. Jodi Fisk ran an excellent time of 1.23 at Big Half in London. Four runners in Bodmin Half. Tavi 5K this coming weekend is for Sport Relief. Pre entry required as numbers will be up. Tavi 13 on 29<sup>th</sup> March which is the first Armada GP race of the year. Entries at 450 with max 700 allowed). Spring Warm Up taking place on 5<sup>th</sup> April at Tavistock.

**Plymouth Tri Club** - No report.

**Launceston Road Runners** Club held awards night dinner and also had their AGM recently. Majority of committee were re-elected. Fees to remain the same. Membership steady at 160. Good results in Cornwall Grand Prix races.

**STORM**- No report.

**EVH** Good turnout at Grizzly and other races recently. Westward league was not the best season but turnout at Stover was good. Couch to 5K still going well despite the weather. Numbers at training have been good. Club going well in Sportshall.

Ivybridge 10K entries now at 450. It is a bit slower than last year.

### **Coaching Co-ordinator Report**

Neil had enquired about Sat morning session being moved to Tavistock. It was agreed we would book a session from 11 – 12 for one month to evaluate attendance. KR to advise Neil.

**Clocks** - Old one now in store. New one with Tavistock,

### **Coaching and Officials Courses**

LIRF Exeter - 19<sup>th</sup> April, Plymouth – 14<sup>th</sup> June.

Athletics Coach – 14<sup>th</sup>/15<sup>th</sup> March – Taunton

Coach Assistant – 25<sup>th</sup>/26<sup>th</sup> April - Poole

Also various Development workshops locally

Officials taster Day – 14<sup>th</sup> March – Exeter

KR to contact EA about TMO courses.

### **Finances**

Healthy balance. Need to pay bills for website redesign and remainder of old site maintenance.

### **3K & 5K Series**

The next 3K is on Wednesday 11 March and again I'll be on the old course as the hub is not yet ready. The last one had a very low turnout. We will be moving to Saltram for the 5K in April. Race license agreed Keith has been in contact with Saltram. No formal paperwork required as our numbers are less than 150. Not sure about cost.

### **Chip Timing System**

Used successfully at Exeter Half in the rearranged Sunday event on March 1<sup>st</sup>.

Thanks to Daz and Smudger for running the system. Being used at Granite Way and Tavi 13.

### **Grand Prix 2020**

Events are now listed on the Network Web Site and are in the public domain.

We agreed to do similar awards to last year. Green T-shirts for completion and Pink for winners. White blocks for completion with red ones for winners. Info put on website.

### **AOB**

- KR had more with PCC Sport Development about Mayflower 400. Athletics day to be held on May 16<sup>th</sup> in Piazza. Portable track will be there. Club support will be needed. It was agreed that all Network clubs would be publicised. We will also need club support with the session in Life Centre on May 20<sup>th</sup>.
- KR had also met with Liz Slater about the development plan once the track is finished at Brickfields. We are being encouraged to submit a Sport England Grant application to support the plan. It was agreed that KR will work on this.

**.Date of next meeting – Monday 20th April 2020 – Venue PAC Clubhouse 6.30pm.**

Please note this is one week later than usual due to Easter.