



RISK ASSESSMENT

Church Hall,
Quarry Park Road
Plymstock

Assessor: Steve Rose

Checker: Jackie Faulkner

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Description of activity covered:

Covid-19 and Safety related changes to meeting indoors and use of Church Hall facilities by members of Plymstock Road Runners.

Ref	Hazard	Possible effects/harm	Risk Rating (L / M / H)		Controls	Residual Risk Rating (L/ M / H)	
			Likelihood	Severity		Likelihood	Severity
1	Risk of Transmission of virus	Risk of viral transmission	M	H	Church Hall <ul style="list-style-type: none"> • All members to avoid close contact where possible. • Where this is not possible, masks should be worn. • Training nights are open to all members. A record of attendance is to be maintained. • Members to clean hands with the available hand sanitiser or hot water and soap when entering/leaving the hall. • Confirm that all club members are aware of this risk assessment and the dangers of Covid-19. • Windows to be opened to allow fresh air into the hall. 	L	M
2	Transmission through proximity to individuals (a)	Risk of viral transmission	M	H	Social distancing – Members of the Public <ul style="list-style-type: none"> • If members of the public are in the hall, move away from them if possible to allow 1m social distancing, where this is not possible, masks should be worn. 	L	M

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3	Transmission through proximity to individuals (b)	Risk of viral transmission	L	H	Social distancing measures – Other members <ul style="list-style-type: none"> • No high or very high risk members to enter the hall • Only well members with no Covid-19 signs and symptoms to attend (this also applies if someone in your household has any of these symptoms) symptoms are: <ul style="list-style-type: none"> ○ A new persistent dry cough ○ A temperature ○ A change of or loss of smell or taste ○ A rash • Members to arrive in their own transport with no lift sharing unless from the same family/social bubble. 	L	M
4	Transmission through proximity to individuals (c)	Risk of viral transmission	L	H	Group Management <ul style="list-style-type: none"> • Members are to maintain 1m social distancing where possible and minimise time spent in close proximity to others. • One person to brief club members at a distance if possible. • A record is to be kept of those who have received vaccine 1, 2 and booster jab. • Members should not gather around route maps in large groups, where this is not possible, masks should be worn. 	L	M
5	Transmission via equipment	Risk of surface transmission	L	M	Church Hall <ul style="list-style-type: none"> • Avoid touching surfaces where possible, contact with surfaces to be avoided. i.e. table tops, chairs, serving hatch, kitchen equipment, door handles. • Any equipment that is used must be wiped down with anti-bacterial/anti-viral wipes or similar. • Hands are to be cleaned using the available hand sanitiser or hot water and soap. 	M	L

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			Likelihood	Severity		Likelihood	Severity
6	Aerosol generating procedures	Risk of airborne viral transmission	L	H	First Aid <ul style="list-style-type: none"> In the event of anyone collapsing and not breathing, a risk assessment should be undertaken. If Covid suspected, no breaths should be administered. CPR must be compressions only. If at all possible the mouth and nose of the casualty should be covered with a cloth or tissue. First Aiders should carry a face mask and gloves. 	L	L
7	Pre-run, inward transmission from outside the club	Risk of viral transmission	L	H	Outdoors <ul style="list-style-type: none"> Shared use of vehicles to be avoided where possible, minimising decontamination requirements, unless runners are from the same family/social bubble. All training sessions to be conducted outdoors. 	L	M
8	Post-run Risk of Transmission of virus	Symptoms or contracting Covid-19	L	H	Symptoms <ul style="list-style-type: none"> All session attendees are to notify the Covid Safety Officer if they develop any signs or symptoms of Covid-19 (see 4 above). If they do have signs or symptoms of Covid-19 they should: get a test, call 111 and seek further medical advice. One person to carry out track and trace where possible for those who attended the session if anyone subsequently gets symptoms, if possible. 	L	M
9	Facilities use and Risk of Transmission of virus	Risk of surface transmission	L	H	Church Hall <ul style="list-style-type: none"> All cups/beakers/kitchen equipment and surfaces to be wiped down prior to leaving the hall, this includes the toilets and tables where necessary. All members to sanitise hands after using kitchen. 	L	L
10	Risk of Food poisoning	Risk of contracting food poisoning	L	H	Kitchen <ul style="list-style-type: none"> All food and drinks used must be fresh and/or stored appropriately. Use of cups/beakers/kitchen equipment to be clean. Any food waste is to be discarded in the bins provided. Fresh food waste to be removed from site. 	L	L