

Plymstock Road Runners - AGM No. 33 Minutes

Date: 25th February 2021

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6.0	Club Membership Fee Proposal (LW)	
	£10 for the year, £5 from 1 st January approved. Membership of EA is an	
	additional £15.	
7.0	Website Update (SR/CH)	
	SR has liaised with Chris Smith over a website upgrade and hosting it with no	
	commitment to using his services.	
	Chris Smith summarised costs are:	
	 To build the site and transfer everything over would be £378 (£324 and 3 	
	hours at £18 = £54).	
	 Annual costs (if the site is hosted on his server) would be £65. This would 	
	have to be included in the budget going forward.	
	Harvey has produced an excel sample idea of the website for those who wish	
	to see it.	
	Discussion took place concerning effectiveness of website drawing people to	
	the club and the need to update existing but at the same time keeping it	
	simple.	
	All are happy for go ahead with the website revamp.	SR
8.0	Qualified Club Coach Training (SR/JF)	
	A 'Leadership in Running Fitness (LiRF)' course is all online and costs £140 for	
	affiliated clubs.	
	A 'Coaching in Running Fitness (CiRF)' course is a four-day face to face course.	
	PRR to pay for anyone interested in becoming a club coach.	
	Not to replace Alan Jones or Dave Dane. It will be good aspiration to get	
	Junior section operating again.	
	Discussion took place concerning needs of coaches and requirements by our club insurance.	
	Bill Christie like to be considered for LiRF. All happy to fund for LiRF.	LW/JF
9.0	Club Kit (CH)	LVV/JI
5.0	Attachments from Fitness for Sport provided.	
	Price £20 includes your name front or back.	
	Suggest first bulk undertaken through club, then individually obtain direct	
	from Fitness for Sport via online. Discount card for 10% are available.	
	Removes the club from holding stock.	
	Suggestion of an opportunity to try kit for size, aim for April at present.	
	Suggestion made to give training tops free to club members to advertise the	
	club.	
	All happy with design. CH to establish dates with Fitness for Sport.	СН
10.0	Muddy Duck Race (SR)	
	Highly unlikely to happen this year, no intention to plan. There is an appetite	
	for racing at the moment, so a race later in the year may be worth thinking	
	about.	SR
11.0	Social/Club Events Timetable (JF)	
	 Post pandemic party for mid-July 21 before schools finish on a 	
	Saturday night, a date for the diaries.	JF
	Skittles night at Lee Mill for October for weekend after the Plymouth	
	Half. Dave Dane to organise.	DD
	Christmas party.	
	 Mount Edgecumbe trail run. CH to arrange during June 21. 	CH
	• Virtual London Marathon. Perhaps events connected to that, a half	JF



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	and full marathon training finishing with meal during Aug/Sept 21.	
	 The Christmas Mousehole lights are cancelled. Have a think of an 	
	alternative.	ALL
12.0	Virtual Event Promotion - full Strava Club Membership (SR)	
	As about 70% use Strava, Steve Leonard proposed for a £4-month fee that	
	segments can be set up for members to compete, at the same time promoting	
	the club. This requires more research, Steve Leonard to come back to JF.	JF
13.0	Club Promotion (SR/JF)	
	Through the school's PTA was suggested by Steve Leonard, good to sponsor as	
	this provides publicity. Captive audience within primary school, a good way of	
	targeting the juniors and seniors age group. Suggestion made to hand out	
	leaflets at cross country events.	
	Laura Wills messaged 'I need to leave but thank you all for your efforts	
	keeping the club going! If you are willing to continue to support primary PTAs,	
	then I can help with Elburton School, as the PTA chair, I know the school is	
	always really grateful.	
14.0	Any other business (All)	
14.1	Please give any thoughts/ideas to new chairman and committee.	
	Dave Dane requested email address of chairman	JF
	JF suggested a July 21 session to talk with members as we do not talk enough.	JF
	Steve Leonard, please continue with trail runs	
	Every so often, organise runs outside the area, whether trail or road. Suggest	
	that individual volunteers organise.	
	Dave Dane expressed thanks to Steve Rose for standing in as chairman.	
15.0	Date of next meeting (GB)	
	To be confirmed for February 2022.	ALL

PLYMSTOCK ROAD RUNNERS

2020/2021 SUMMARY as at 17 February 2021

Description	Income	Expenditure	Balance
Account reconcillation			0.00
Annual subs	1,438.00		1438.00
Armada Forum - annual subs			0.00
Association of Running Clubs membership		143.00	(143.00
Club kit - old	11.00		11.00
Club kit	64.00		64.00
Coffee morning run			0.00
England Athletics Club registration		150.00	(150.00
EA athlete membership fees	78.00	75.00	3.00
Erme Valley relay prizes			0.00
Gifts			0.00
Grand Prix prizes / club awards			0.00
Refreshments			0.00
Rent			0.00
Sundry			0.00
Defibrillator pads		63.60	(63.60
Xmas meal music			0.00
Membership fees re 19/20	30.00		30.00
Membership fees re 21/22	20.00		20.00
EA athlete membership fees re 21/22	15.00		15.00
Donation to Elburton PTA		10.00	(10.00
2020/21 Totals	£1,656.00	£441.60	61 214 44
2020/21 Totals 2019/20 balance b/f	£1,036.00	1441.60	£1,214.40
2019/20 balance b/j 2020/21 Total carried forward			£1,893.37 £3,107.77

	JUNIORS		
Description	Income	Expenditure	Balance
Cross-country medals		23.35	(23.35)
2020/21 Total	£0.00	£23,35	(£23.35)
	£0.00	£23.35	
2019/20 balance b/f			£2,436.82
2020/21 Total carried forw	ard		£2,413.47
2020/21 Total carries forw	MUDDY DU		
Description	Income	Expenditure	Balance

Description	Income	Expenditure	Balance
Race entries			
First Aid			
Race prizes			
Paper cups			
Barrier tape			
Race numbers			
Portaloos			
Postage - stopwatches			
Defibrillator case			
2020/21 Total	£0.00	£0.00	£0.00
2019/20 balance b/f			£1,064.46
2020/21 Total carried forward	1		£1,064.46
SENIOR SECTION TOTALS			£3,107.77
JUNIOR SECTION TOTALS			£2,413.47
MUDDY DUCK SECTION TOTA	LS		£1,064.46
CLUB TOTAL BALANCE 2020/2	1		£6,585.70

Audited by Holen Cooper 16.3.21