



ARMADA ATHLETICS NETWORK
MINUTES OF MEETING AT COPAC NEW CLUBHOUSE
on 5th September 2022



Present: Richard Warne (Plymouth Harriers (Chair); Fred Jenkins (IS)); Keith Reed (EVH); Karen Eccles (Plymouth H); Steve Blackford (COPAC); Sharon Dunridge (Plymouth Musketeers), Graham Bale (PRR) Holy Baxter (Plymouth Harriers & Social Media)

Apologies: Jon Roberts (Launceston RR); Ruth McCalley, Ian Lamerton (Plymouth Tri Club); Dave Hatch (Moorhaven)

Richard welcomed everyone to the meeting in his first meeting as elected Chair.

Club reports

COPAC

Steve Blackford said the Track and Field season had gone well although numbers for the SAL fixtures are still low possibly due to the travel distances required. The Armada team has done well in the SW League which finished on Sunday.. There are good numbers at training sessions and lots of success from the club members in National events. It would appear that the future of the tack is more secure now that PAFC are moving to Ernesettle. Looking forward to the Cross Country season.

Tamar Trotters

Steve Baker gave the report via email together with his apologies:

We are on for 5k marshal duty Sept 14th.

Dates for our races:-

Santa Run Sat Dec 3rd

Saltash Half Sun May 7th

Mag 7 Sun July 2nd (tbc)

Jacob Landers and Bex Ezra selected to represent Cornwall at Chippenham Half in Sept..

Plymouth Musketeers

Sharon said things are going well. Couch to 5K programme about to resume.

New LIRF leaders are completing their paperwork and will support the Walking groups.

The club were disappointed at the perception that the finish was cleared away at the EVH relays before their final teams had finished. It was explained that due to rugby players leaving there was a need to narrow the finish for safety reasons. All times were recorded.

This should be better in future years as EVH will have sole use of the venue on a Friday

BATS

No report

Plymstock Road Runners

Graham Bale said things had been quiet due to holidays but numbers are increasing. They have a committee meeting coming up.

Instinctive Sport.

Fred Jenkins There have been another new member joined recently. The club Grand Prix format is still proving popular and is increasing race participation. The club enjoyed providing the marshals for the Armada 5K. Runners at various events recently.

Moorhaven RC

Dave Hatch sent his apologies. Nothing else to report

Plymouth Harriers

Karen Eccles gave a brief report. Number at recent training session have increased. The Central Park Parkrun takeover proved popular and have led to interest in the club. The cancellation of the Tory Brook trail race has been communicated.

Tavistock AC

No report.

Erme Valley Harriers.

Club going well but attendances have been a bit down due to holidays at juniors and senior sessions. Relays and the 3 Tops Fell race went well. Thanks to all clubs for their support. Competition still an issue for juniors. Will hopefully be better in Sportshall

Plymouth Tri Club

Ian Lamerton gave the report by email along with his apologies
In terms of a Club Report for Plymouth Triathlon Club:

Plymouth Tri Club successfully hosted a separate juniors and adult's triathlon races over the August bank holiday weekend. We had just over 50 juniors enter and just over 100 adults, so we were pleased with the final number of entries. Both races went off safely and feedback from everyone was very positive. We're already planning next year's events, and are considering a switch to a venue based at Mount Edgecumbe.

Launceston Road Runners

No report, but the Treggy 7 went well.

STORM- Still no report but they did an excellent job in marshalling the Armada 5K last month.

Finances

Ruth McCalley our new treasurer could make the meeting after all but she had met with RW and KR to sort bank details and agrees plan on managing the accounts etc. going forward. We still have a healthy balance.

Clocks/Equipment – The Seiko Clock is back in the store. Need to get a plastic box for the new one and take to store. Could clubs please advise on where and when they are required for future races.

Coaching and Officials Courses

These are now online at <https://www.athleticshub.co.uk>.

There is an Athletics Coaching Course in Plymouth on 29/30 October.

Please can you make assistant coaches within your club aware of this?

There is a CIRF course in Taunton on 10th/11th September in Taunton. There are still places left. There are no assistant Coach courses planned locally at the moment.

For further information, please contact Caroline Morrow cmorrow@englandathletics.org..

Armada 5K Series and 3K

The final 5k of the series is next week. Numbers entering have not been that good. A discussion was held about the winter 3K races. Overall it was not felt it was financially viable. And Keith did not really want to organise the event which will not make any money for the Network. If clubs wished to do something themselves, then they would be welcome to do so. It was agreed to put on a 3kn relay event on Sunday 18th December in Central Park which would also be a Grand Prix presentation. It would be free to Armada members but open to their clubs. Male, female and mixed teams welcome (min age 11).

Chip Timing System

System to be used at Tavi 7. We have been asked to do the Drogo 10 and First Chance 10K. Quotes provided. The system works with the battery pack and also with the clock. Need to check out details. Thanks to Darren Williams for all his hard work.

Grand Prix 2022

There are 5 races so far and it was agreed to add the Treggy 7 and The Tavi 7.

This means runners will have to do 5 from 7 to qualify for an award.

Agreed to give an award (£5 in value) for each person and £10 in value) for club winners.

The 2023 Grand Prix will hopefully have more races included.

OFFICIAL

AOB

None raised

Date of next meeting Monday 14th November (6.30pm) in the COPAC clubhouse

**Keith Reed
September 2022**