

Plymstock Road Runners committee meeting 22nd July 2025

Attendees: Graham Bale, Sean Doogan, James Mann, Linda Worsfold

Apologies: Helen Metherell

Item	Note	Action
1	Agreed the gazebo needed four sides and should have the PRR logo. Budget is £700 (£500 EA grant received in last financial year plus £200 contribution from club). JM to investigate.	JM
2	SD has registered for LiRF training	SD
3	Discussed club website content updates required. Tried login but not successful. LW to follow up logging in with HM / SR.	LW
4	JM agreed to train as a welfare officer to support the lead welfare officer (ZA). LW to update JM's role on EA portal and provide JM with link to EA informative on welfare officer role.	LW/JM
5	Discussed start time of Thursday evening session. SD agreed to create a Spond poll.	SD
6	Reviewed the current membership list and those members from last year who had not yet renewed. Agreed to delete some names from Spond/Messenger and follow up with some others.	SD/JM/LW
7	LW to investigate adding Thursday routes to Spond.	LW
8	Club receives a number of requests to promote various races. Agreed to promote events for those clubs who are part of the Armada Forum. Plymouth Half would be promoted but otherwise focus would be on village type (e.g. Cornwood 10k) events. Armada Forum clubs events are to have priority. GB to add Christmas relays to Spond.	GB
9	JM to follow up with members on fabric used for the new club kit supplied by KitWorld as some t-shirts seemed to be thicker fabric.	JM
10	SD reported on the recent Armada Forum meeting. There was positive feedback on the proposed relay event that SR is working on. An EA representative will be at the next Forum meeting and clubs to provide an idea of how many people would like to undertake LiRF/coach training. If sufficient numbers the EA may arrange an event in the SW.	
11	Finance update: current bank balance is £5,769 (Seniors £3,420, Juniors £1,257, Muddy Duck £1,091). Membership is 63 including 2 life members. Forecast balance at year end is £3,902 (Seniors	SD

	£1,804, Juniors £1,007, Muddy Duck £1,091). SD to follow up on payments outstanding for the Erme Valley relays.	
12	Date of next meeting - 29th September 2025 at 7:30pm	