



ARMADA ATHLETICS NETWORK
MINUTES OF COMMITTEE MEETING
AT CENTRAL PARK HUB on 13th JULY 2026 (6.15pm)



Present: Richard Warne (Chair), Keith Reed (EVH); Paul Crutchley (COPAC), Maggie Bunting and Helen Roper (Tamar Trotters), Sharon Dunridge (Plymouth Musketeers), Rob Felwick, Steve Rose (Plymstock RR), Becky Ford (Storm); Iain McWass (Plymouth Harriers)

Apologies: Ruth McCalley, Mark West

Richard welcomed everyone to the meeting and especially Steve Rose who is returning as the Plymstock Secretary.

Richard then mentioned the sad passing of Paul Ross who was the main instigator and former chair of the Armada Network.

A tribute was paid to him by a minutes applause.

Club reports

COPAC

EA Staff visited on a training night and Emma Davenport was very impressed with the development of the facility and the club in general. The hard surface has been done by the new clubhouse and the doors should be installed by end of July. Need to sort equipment. Devon Open on 9th August. Good results at ESAA championships.

Tamar Trotters

Mag 7 went well on 5th July, the heat was an issue and there was one casualty who was OK after a short spell in hospital. The need for all clubs to remind their members to complete medical data on numbers was discussed.

Club memberships going well, Bex Ezra did well at Edinburgh Half.

Club have their 30th anniversary in August.

Plymouth Musketeers

Good results at local races and club nights are well attended. Muskies Madness 10K went well. Received EA grant for Mental Health Ambassador post.

Plymstock Road Runners

Steve Rose has taken over as Club Secretary. Membership is slightly down, but good numbers racing. New LIRF's have completed their qualification thanks to assistance from other Armada coaches. Club hosting the August Armada 5K. No club organised race this year.

Instinctive Sport

Club is going well overall. With 42 members. Lots doing local races. EA funding received for a Couch to 5K course. Some members did the Hope races including one who did the 36 hour run.

Plymouth Harriers

Club going well. Race is on Sat 18th July.

Iain also gave an update on the South Hames Relay taking place on Sunday 19th July. Only two teams entered but it will be a useful trial for future years.

Tavistock AC (no report)

Club hosting relays on 16th July.

Devon Open went well.

Erme Valley Harriers.

Both the Ivybridge 10K and the EVH Relays went well.

3 Tops on Sat 15th August. Club going well.

The relays were dedicated to Paul Ross and there will be trophies purchased for the male and female team winners in his memory.

The club wish to thank all the clubs for the kind wishes expressed on the Facebook page.

Storm

Dave McCarthy sent his apologies as he is at a Club night. Club going well with 185 members.

Will be attending the Tavi Relays and Harriers 5.

Good turnout at local races. Did a great job in hosting the Armada 5K.

Storm the Fort Race on Sunday 13th September. Entries coming in.

Finances

Healthy balance.

Clocks/Equipment

All the clocks are now back but the Seiko one has a battery issue

All signage back in the container. Needs tidying..

Coaching and Officials Courses

All future courses are online here <https://www.athleticshub.co.uk..>

There is a CIRF course in Plymouth in September.

Armada 5K Series

The 2026 series is going well with good entries Next one is on Wed August 12th hosted by Plymstock.

Chip Timing System

Was used at Ivybridge and Muskies Madness. It will not be used at the Plymouth Harriers race or the Tavi Relays because Daz is not available. Still need to train the other clubs.

Grand Prix 2026

Grand Prix has started well and latest results are posted on the website

Christmas Relays

Planned for Sunday 13th Dec (11 am start).

AOB

EA awards have closed and there will hopefully be local winners.

The awards will be held on Saturday 19th September at Exeter after the SW Conference.

Details are on the EA website

Westward League Cross Country team have now formally taken over. The first fixture on Sun 11th Oct will be a relay in Newnham Park.

The meeting concluded at 7.35pm. Date of next meeting Monday 21st September.

Venue TBC

Keith Reed

July 2026