



ARMADA ATHLETICS NETWORK
MINUTES OF COMMITTEE MEETING
AT COMMUNITY HUB on 9th MARCH 2026 (6.15pm)



Present: Richard Warne (Chair) Keith Reed (EVH), Rob Felwick (IS), Emma McArdle and Sarah Robbins (Plymouth Harriers), Maggie Bunting and Colin Bunting (Tamar Trotters), Sharon Dunridge (Plymouth Musketeers), David McCarthy (Storm),

Apologies: Ruth McCalley, Sean Doogan, Paul Crutchley (COPAC),

Richard welcomed everyone to the meeting.

Club reports

COPAC (by email)

More progress now at Foulston Park. It is hoped to have the new clubhouse in situ by the end of April.

There will be Mile races on Tues 24th March and Spring Warm up on Sunday 5th April which is Easter Sunday. Entries via COPAC website.

Tamar Trotters

AGM held recently and a full committee was elected. Couch to 5K group running as well as a 30 min group. Recently helped fundraising events for charity. Some good runs in CAU Inter Counties and Bex Ezra won the Grizzly. Saltash Half and 5K on 3rd May and Mag 7 on 5th July. Entries open for both events.

Plymouth Musketeers

Membership is still going up, lots doing local races. Good trip to Taunton Half. Free Couch to 5 went very well with 17 graduating. Plan is to now help them get up to 8K. Entries coming in for Muskies Madness 10K on 31st May 2026

Plymstock Road Runners

No report.

Instinctive Sport

New recruiting drive is going well. AGM on 7th April. Looking at running a Couch to 5K course. Grand Prix has begun again. Social events are also planned.

Plymouth Harriers

Had a very successful Cross Country season with lots of awards and athletes at CAU Inter Counties. Holding away day in Bridgewater in September. Charity Bingo planned. New website launched. Race on Sat 18th July.

Tavistock AC (no report)

Erme Valley Harriers.

Club athletes have been doing well in local races and Cross Country. Juniors are second behind COPAC in the Devon Sportshall League with one fixture to go. Ivybridge 10 entries coming in steadily. Relays on Fri 26 June and 3 Tops on Sat 15th August. Club going well with a good committee and a development plan.

Storm

Good turnout at club sessions despite poor weather. Club awards evening another great success. Some good results from athletes at Bideford and Looe 10. The club had its first member who did all 7 Major Marathons. Recruited 4 new CIRF coaches. Social runs on a Sunday are going well. Club still helping with Soup Runs.

Finances

Healthy balance. Money has been transferred to COPAC for clubhouse. Accounts have been submitted to Companies house by Mayers.

Clocks/Equipment

Keith has confirmed that the kit used at the Tavi 7 has not yet been returned. This is very disappointing but hopefully will be actioned very soon. Access is still limited due to the ongoing building work.

Coaching and Officials Courses

All future courses are online here <https://www.athleticshub.co.uk..>

The Assistant Club Coach course is being held in Plymouth on Saturday 11th April. Need more bookings from the clubs.

There will be an Officials Come and Try day at Exeter on Sunday 29 March. It will be held in conjunction with an open meeting and coaching workshops. Need to encourage attendance as we are really short of officials.

Armada 5K Series

Keith has agreed the new course for the 2026 series with Saltram and dates and cost confirmed. License has been granted and poster has been distributed.

Allocated host clubs.

Chip Timing System

License was renewed. Plan to do a training day, possibly on a Wednesday in April in Central Park.

Grand Prix 2026

Grand Prix format discussed. Keith to send draft to clubs and then publicise on website and Facebook. Clubs are asked to assist in this.

Discussed possible Mob Match and whether it could be incorporated into GP. Keith to consider options and send something out to clubs.

Christmas Relays

Planned to do again in 2026

AOB

- New age groups come into force on April 1st
- The new Westward League organisers are now planning a Zoom meeting for clubs.

The meeting concluded at 7.30pm. Date of next meeting Monday 11th May in Central Park Hub at 6.15pm which will include the AGM

**Keith Reed
March 2026**