

Plymstock Road Runners - Committee Meeting No. 211? Minutes

Date: 11 Jun 2026

Present: Steve Rose (SR), Linda Worsfold (LW), Sean Doogan (SD), Helen Metherell (HM)

Apologies: None

Item	Discussion	Action
1.0	Minutes from the last meeting (GB/SR)	
1.1	Acceptance: No minutes of last meeting available. We need to check what the date was. Therefore the minutes of the previous meeting were not accepted.	LW
1.2	Matters arising: Nil	
2.0	Finances	
2.1	To date the club is 10 (ten) members (£220) short of achieving the budgeted membership.	HM SR LW
2.2	52 members have renewed, but 15 members have not. Some will be deleted; some will be asked as to what they intend doing.	
2.3	SR to be added as a Bank Signatory. It was agreed to keep GB on in case of emergencies.	
3.0	Club Standards	
3.1	Club Standards have been met. A discussion was held about Club Welfare Officer (WO). The club requires a named WO. The club members to be asked for a volunteer on Thursday. All training is online.	All LW
3.2	DBS required for LIRF and CIRF roles. SD and Tom Gurry will require these.	
4.0	Resurrecting Past Club Activities	
4.1	Club Grand Prix (GP). It was thought that it is too late for 2026 races, but to commence again in 2027. Rules to be clarified. A Club GP could encourage more members to attend races. One of the prizes could be the Golden Trainer (in the hall cupboard upstairs).	SR SD
4.2	Results of Armada Races to be published ASAP after races.	
4.3	Club Personality awards. This was not considered as an option due to low club membership.	
5.0	Any other business	
5.1	Dates of future races to be published on club social platforms.	HM
5.2	Erme Valley Relay information to be published on Spond. Friday 26 Jun 26.	SD
5.3	Saturday 13 June 26 run information to be put on socials and Spond.	SD
5.4	The Club will celebrate its 38 th Anniversary in July. Thoughts discussed on what event we can organise.	HM
5.5	Wednesday Social evening event at the Odd Wheel to be organised.	SD
5.6	A vote of thanks was given to Graham Bale for his role as Secretary for the past few years.	All
6.0	Date of next meeting	
	The meeting finished at 2133 Date of next meeting: Monday 3 August 2026 via Zoom	ALL

Description	26/27 Budget £	YTD Actual £	Remainder of year £	Total year £	Variance to Budget £	Comment - YTD	Comment - Budget
Income							
Memberships	1,430	1,210	220	1,430	-	58 members including 2 life and 1 gratis	65 members @ £22
EA athlete fees	345	276		276	(69)	12 @ £23	15 athletes @ £23
Club kit		5		5	5		
Party	2,000	-	2,000	2,000	-		
Races	75	-	75	75	-		Relays - Erme Valley & Christmas
Defib battery	35	-	35	35	-	Church contribution - defib pads	
				-	-		
Total income	3,885	1,491	2,330	3,821	(64)		
Expenditure							
Affiliations	349	309	40	349	-	Armada £40 still to pay	EA £210, ARC £99, Armada £40
Rent	842	240	602	842	-	4 payments to date	13 payments @ £60 plus allowance for inflation
Refreshments	125	-	125	125	-		tea, coffee, mulled wine etc
EA fees	345	276	-	276	69	to date 12 athletes @ £23	matched by income
Prizes - relays	20		20	20	-		
Charity and gratuities	50		50	50	-		
Miscellaneous	25		25	25	-		
Party	2,000	10	1,990	2,000	-	£10 thank you re Jan party	
Replacement kit	-	-	-	-	-		
Website maintenance	75	-	75	75	-	£50 amends, domain renewal 2 years £31	
Website hosting	100	-	100	100	-		
Races	75	-	75	75	-	Erme Valley relays	
Training	200	176	25	200	-	LiRF £176 - TG	
Domain renewal	-		-	-	-	Due in 27/28	
Defib pads	70		70	70	-		
Bank charges	51	17	34	51	-		
Sundry			-	-	-		
Total expenditure	4,327	1,027	3,231	4,258	69		
Net surplus/(deficit)	(442)	464	(901)	(437)	5		
Allocated to Juniors							
Schools cross country	250	83	167	250	-	To date - engraving	
Total expenditure	250	83	167	250	-		
Net surplus/(deficit)	(250)	(83)	(167)	(250)	-		
Muddy Duck							
Net surplus/(deficit)	-	-	-	-	-		

	£ b/fwd	£ YTD	£ c/fwd	£ forecast		
Seniors	2,146	464	2,610	1,709	Bank	4,734
Juniors	1,116	(83)	1,033	866	Cash	-
Muddy Duck	1,091	-	1,091	1,091		<u>4,734</u>
	<u>4,354</u>	<u>381</u>	<u>4,734</u>	<u>3,667</u>		