



ARMADA ATHLETICS NETWORK
MINUTES OF COMMITTEE MEETING
AT COPAC CLUBHOUSE on 22nd SEPTEMBER 2026 (6.15pm)



Present: Richard Warne (Chair), Keith Reed (EVH); Paul Crutchley (COPAC), Maggie Bunting and Mike Jones (Tamar Trotters), Sharon Dunridge (Plymouth Musketeers), Rob Felwick, Sean Doogan (Plymstock RR), Andy Hugher (Tavistock)

Apologies: Ruth McCalley, Emma McCardle (Plymouth Harriers),

Richard welcomed everyone to the meeting and thanked COPAC for hosting at the new facility

Club reports

COPAC

New clubhouse is now officially open with some snagging to be done. Once everything sorted it will start being used. Still sorting funds from PCC and also need to sort out utilities with ACT. Infield being dug up to prepare a new pitch. Need to confirm throw arrangements for Winter. Club has 350 members but only 110 affiliated. AGM will be held 30th October.

Tamar Trotters

Club memberships currently at 160 with some new recruits recently. Stared Couch to 5K course which is going well
Club held their 30th anniversary event in August. It was very well attended
Good turnout at Treggy 7 and some in Torbay Half.

Plymouth Musketeers

Club now using EA grant for Mental Health Ambassador post. She is now attending a course. Run and Talk week is a focus in October. Link is here
<https://www.englandathletics.org/take-part/programmes/runandtalk/runandtalk-2026/>

Date for 2027 Muskies Madness confirmed as June 6th. Club trip to Torbay went well Carly Wardle won a bronze medal in her age category at the European Triathlon in Amsterdam.

Plymstock Road Runners

Good numbers at training sessions on a Thursday and a Monday. Also a good number at Saturday social runs. Two new LIRF's now qualified.
Not many actually racing at the moment.

Instinctive Sport

Club is going well overall. Now have 42 members. Lots doing local races. Two new LIRF's qualifying. Club attended SW Conference.
Club setting up the Couch to 5K course

Plymouth Harriers (report by email)

Away day to Bridgwater was a huge success and looking at doing the same again next year. Track sessions on Saturdays continue to grow and please remind all that all members are welcome as seems to be same clubs all the time making use of it.
We currently have another huge cross country team and very much looking forward to another great season.

Tavistock AC

Andy Hughes who is RD for the Tavi 7 was in attendance. He gave details of the race on Oct 25th. Includes the Ross Shield.
The recent 5K race was not well attended. The October race has had to be cancelled because of the Goose fair in the town.
Mark West has stood down as Chair.

Erme Valley Harriers.

The 3 Tops on Sat 15th August went well.

Good turnout and results at Torbay races. Thanks to the Muskies for coach places.

Club helped at Flete 10k which went well

Now preparing for Westward League Cross Country and Devon Sportshall

Lots of new juniors have stated in past few weeks.

AGM in November.

Storm

Storm the Fort Race was held on Sunday 13th September. 160+ entries

Finances

Recently paid for Saltram who hosted the 5K

Clocks/Equipment

The Seiko one was used at Storm the Fort race.

All signage back in the container.

A reminder to all clubs to return any kit within a week. Still looking for cones.

We will set a date in November for a tidy up of the container.

Coaching and Officials Courses

All future courses are online here <https://www.athleticshub.co.uk..>

There was a CIRF course held recently in Plymouth. No info on numbers attended.

Armada 5K Series

The 2026 series went really well with good entries Thanks to all who ran and helped.

Looking at possible routes for 2027 using new paths.

Chip Timing System

Was used at the Storm race. Need to ensure all clubs know what is offered and what they have to do.

Maybe a two tier charging system should apply.

Training date to be set up at the Track.

Grand Prix 2026

Grand Prix has nearly finished and latest results are posted on the website.

There is one race left (Tavi 7). Prizes to be given out at Christmas relays.

Similar awards to 2025.

Christmas Relays

Planned for Sunday 13th Dec (11 am start).

Keith to contact PCC and get license from EA.

AOB

The SW awards were held on Saturday 19th September at Exeter after the SW Conference. Details are on the EA website.

Westward League Cross Country team have now formally taken over. The first fixture on Sun 11th Oct will be a relay in Newnham Park. Clubs can enter even if they are not part of the league at a cost of £12.

Marshal help required.

The annual Boxing day run at Burrator will be on Monday 28th December which is a Bank Holiday.

This is to avoid clash with Parkruns on 26th December.

Please publicise.

**The meeting concluded at 7.35pm. Date of next meeting Monday 16th November
Venue COPAC Clubhouse**

**Keith Reed
Sept 2026**