Plymstock Road Runners - Committee Meeting No. 213 Minutes

Date: 30 Sep 2026 (via Zoom)

Present: Steve Rose (SR), Linda Worsfold (LW) and Sean Doogan (SD)

Apologies: Helen Metherell (HM)

Item	Discussion	Who
1.0	Minutes from the last meeting	
1.1	The minutes of the last meeting 212 were accepted.	
	Matters arising**:**	
1.2	Membership Fees. Nothing heard from Steve Cooksley. To be chased	SR
1.3	EA and ARC to be approached with respect for licence for Schools XC races	SR
2.0	Finances	
2.1	It was agreed to keep Graham Bale as a bank signatory in case of emergencies	LW
2.2	See Finance statement below	
3.0	Committee Members	
3.1	HM has decided to step down from the committee with immediate effect due to personal reasons. All committee members praised HM for her role within the committee. All members to ask at the club for volunteers to join	All
4.0	Any other business	
4.1	Christmas Party: Club members to be asked on a poll whether they want a meal or a buffet, a date in January and a quiz. Venue choices are potentially Plymstock Oaks or Ft Stamford (depending on availability)	SD
4.2	Facebook requests to join PRR FB page: Most are accepted, but can be reviewed if they don't actually turn up and join	SR
4.3	Schools Cross-Country: James Mann to be asked if he still wants to take it on	SR
4.4	Armada Network meeting update: Most clubs complaining about lack of runners in their events. Rota for next meeting (16 Nov)	SR
4.5	Ask Francis Thompson if he wants to be a member of the committee	SR
4.6	Run2Paris: ask HM if any progress has been made for this event in 2027	SR
4.7	Next breakfast run to be organised from the Harvester in Plympton	SD
5.0	Date of next meeting	
5.1	The meeting finished at 2110 Date of next meeting: Wednesday 18 Nov 2026 (via Zoom)	All

Plymstock Road Runners: Seniors as at 10 September 26

Description	26/27 Budget £	YTD Actual £	Remainder of year £	Total year £	Variance to Budget £	Comment - YTD	Comment - Budget
Income							
Memberships	1,430	1,284	146	1,430	-	62 members including 2 life and 1 gratis	65 members @ £22
EA athlete fees	345	299		299	(46)	13 @ £23	15 athletes @ £23
Club kit		5		5	5		
Party	2,000	-	2,000	2,000	-		
Races	75	32	43	75	-	Erme Valley relays	Relays - Erme Valley & Christmas
Defib battery	35	-	35	35	-	Church contribution - defib pads	
				-	-		
Total income	**3,885**	**1,620**	**2,224**	**3,844**	**(41)**		
Expenditure							
Affiliations	349	349	-	349	-		EA £210, ARC £99, Armada £40
Rent	842	480	362	842	-	8 payments to date	13 payments @ £60 plus allowance for inflation
Refreshments	125	44	81	125	-	Saltram 5K - £18	tea, coffee, mulled wine etc
EA fees	345	299	-	299	46	to date 13 athletes @ £23	matched by income
Prizes - relays	20		20	20	-		
Charity and gratuities	50		50	50	-		
Miscellaneous	25		25	25	-		
Party	2,000	10	1,990	2,000	-	£10 thank you re Jan party	
Replacement kit	-	-	-	-	-		
Website maintenance	75	-	75	75	-	£50 amends, domain renewal 2 years £31	
Website hosting	100	105	-	105	(5)		
Races	75	32	43	75	-	Erme Valley relays	
Training	200	183	35	218	(18)	LiRF £176 - TG; £8 thank you; £35 - welfare training	
Domain renewal	-		-	-	-	Due in 27/28	
Defib pads	70		70	70	-		
Bank charges	51	30	21	51	-		
Sundry			-	-	-		
Total expenditure	**4,327**	**1,533**	**2,772**	**4,304**	**23**		
Net surplus/(deficit)	**(442)**	**87**	**(548)**	**(460)**	**(18)**		
Allocated to Juniors							
Schools cross country	250	83	167	250	-	To date - engraving	
Total expenditure	**250**	**83**	**167**	**250**	**-**		
Net surplus/(deficit)	**(250)**	**(83)**	**(167)**	**(250)**	**-**		
Muddy Duck							
Net surplus/(deficit)	**-**	**-**	**-**	**-**	**-**		

	£ b/fwd	£ YTD	£ c/fwd	£ forecast		
Seniors	2,146	87	2,234	1,686	Bank	4,358
Juniors	1,116	(83)	1,033	866	Cash	-
Muddy Duck	1,091	-	1,091	1,091		**4,358**
	4,354	**4**	**4,358**	**3,643**		